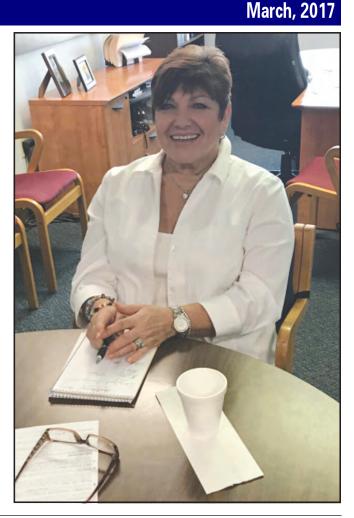


Vol. 1, No. 2

# SPOTLIGHT ON Wynmoor's New President JACKIE RAILEY



#### By Staff Writer

We welcome Jackie Railey, who was recently made President of the Wynmoor Community Council. A mother, grandmother of two and married to her husband John for 52 years, Jackie is a native of Brooklyn, New York. Her career involved working for five years as an administrative assistant with the president of the Sea Farers International Union. Following her work at the union, Jackie worked on Wall Street at the prestigious firm of Goldman Sachs for over ten years. After raising her daughter, Jackie became involved in real estate in New York.

While her husband John is an avid golfer and President of the Wynmoor Golf Association, Jackie has served on the Wynmoor Community Council for the past four years. Also, Jackie serves on the board of her association at Martinque.

Everyone looks forward to working with Jackie in her new position.

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# What Makes a Hero?

#### HISTORY CORNER By Phil Edwards

French Canadian, Lieutenant-General Romeo Dallaire, is an extraordinary hero who performed a remarkable service for the world. He became a 21st century model for moral character and courage under the most extreme situations, even though he was betrayed by his country, the United Nations, the United States, Belgium (his closest and best trained ally in Rwanda) and the other democratic nations of the world.

In 1993, General Dallaire was

more people died than in any 100day period of any other genocide. The horror of this tragedy is more extreme, because most victims were killed by the machete - up close and very personal. Of the over 800,000 who died in that 100-day period, 300,000 were children, and scores of the victims were killed by their clergy, teachers, or local leaders who were forced into service at the threat of death.

What makes Dallaire so special? Before leaving for Rwanda, he asked for pertinent information about the country and the situation in order to perform his mission. Little, if anything, was forth-coming from either the UN, Canada, or any other nation. He was sent with a skeletal force of 2500 soldiers and 300 unarmed military advisors scattered throughout the country. To make matters worse, they had minimal arms, which made any *Continued on page 16* 

#### Wynmoor Residents Beware of Scams By Linda Kryshka

I know that you have heard a lot of this, but some residents in Wynmoor are still being preyed upon!

Please, residents, be aware of who you are allowing into your homes.

It has come to the attention of this writer, that all people have to do to get into your home is show a business

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assigned by the United Nations as the ranking military officer in Rwanda, Africa. The genocide in Rwanda between the Hutu majority on the Tutsi minority escalated to the most intensified genocide the world has ever witnessed. To be sure, there have been other genocides in which more people died. However, during the 100-day holocaust in 1994,

card.

You should never allow someone into your home unless you know them, or they show their credentials. Further, do not let anyone use your bathroom. Since when did your home become a public rest stop!

When selling jewelry, DO NOT allow anyone to take your jewelry out of your home for an appraisal.

#### Your Articles of Interest Are Always Welcome!

Email them to Wynmoorads@aol.com. Mail them to Florida News Bureau - PO Box 670876 • Coral Springs, FL 33067, or put them into the INSIDER box as you have done in the past!



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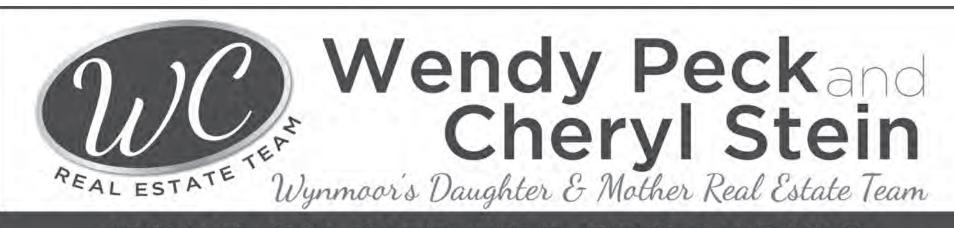
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We encourage your submissions. Please keep all articles timely, according to issue being published. Articles must be typed double spaced (upper and lower case), or legibly printed, signed and include the author's address and phone number. We reserve the right to edit or omit articles sent in for publication that do not conform to our standards. Submitted material becomes the property of The INSIDER and will not be returned.

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Articles must be typed or legibly	printed. Please

se identify the nature of your submission on your envelope: Example: Calling All Clubs, Neighborly News, Pen to Paper, Etc.



To The New "Insider" Staff I have lived in Wynmoor since

had the opportunity to speak to the new editor of our "Insider," Linda K. How fortunate we are to have a willing and experienced person to pick up the reins and keep this important newspaper in print.

Because I have lived here for so many years, I want to share a little history and the memories. The original newspaper in Wynmoor was called, "The Voice." On staff was Samuel Kaufman and his right-hand girl and wife, Fannette. They were teen-agers when we met, as was I. They came to my sweet 16 party and we remained friends forever. That's how I made the best move of my life-into Wynmoor.

Sam worked many hours on "The Voice," and eventually, became President. I think Sam might be smiling down on the news staff.

I want to extend my best wishes to them. Keep well and keep our community informed.

> **Ruth Weinstein** . . . . ..

#### **A Note of Thanks**

On Saturday morning, January 14, I had the misfortune of falling in my apartment. I fell in such a way that I could not get up. After a period of time, I was able to get to a phone and call 911. This letter is to thank all the responders for my unfortunate situation; from the lady who answered the call, to the EMT men who came to my apartment to help me up, and to the gentleman from Wynmoor security (sad to say, I did not get his name) who arrived at my apartment with amazing speed to assure me that he would stay with me until the EMT arrived, who in which they were already at the gate. Rarely have I been so happy to hear and see somebody as I was with Wynmoor security; from the time, he called out upon entering my apartment, "where are you?" to actually seeing him in the room with me. This letter is in gratitude for the professionalism and caring of these responders. Thank you.

**Arnold Zeiler** 

#### **Dear Wynmoor Residents**,

I have to write and tell you how excited I am. Our office received so many phone calls from Wynmoor residents regarding the INSIDER newspaper.

First, the calls were about how to get more papers. It seems they flew off the racks and out of

# Mailbag

#### **Hooray For The Bus Transportation** bought our apartment in Wynmoor, one of the main selling points was the bus transportation when my

1982 and recently

husband and I could no longer drive. Not until last year did I and my friend Bob Perwein decide to use the bus to go to the Saturday night show.

Twelve years ago, when my late husband and I

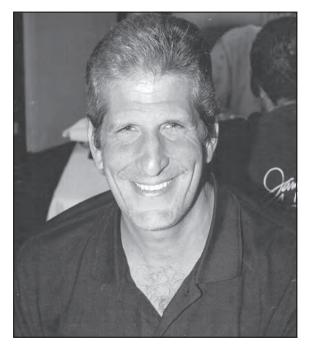
It has been a blessing and a most pleasurable experience. The real blessing is our driver Stuart Greenstein. What a special and caring young man! He truly enjoys his job and knows most of the passengers by name and where to best seat them. He always has a smile on his face and assures us that he is there to make sure we don't fall.

It is also a joy to see and relate to all the regular passengers. Regardless of any handicap or the weather, they show up in their best Saturday night clothes and have become our new friends.

At Wynmoor, we are fortunate to have trained and caring staff at all the activities and events. We reap the dividends-especially from our driver Stuart Greenstein.

We praise and thank Stuart and the entire Wynmoor community. We are the #1 senior development and are blessed to be living here. A hearty thank you to one and all!

Gloria Elbing Gottlieb and Bob Perwien



#### print again.

Finally, I got welcoming phone calls from residents who wanted to get involved; some writing, some editing, some sending beautiful photos.

I must say, I never had a doubt... I love doing what I do. Keep your articles coming. I look forward to bringing you the Wynmoor news as I get it.

**Deadline:** The 10th of each month at noon. This applies to all articles, photos, classified ads, etc.

The Insider reserves the right to refuse publication if material is received after the deadline.

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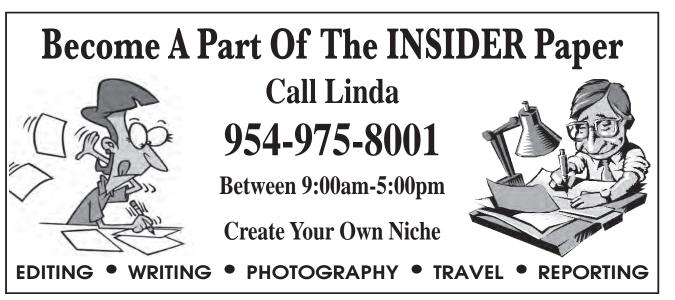
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their normal drop-off spots within days.

Second, I received calls and letters from residents who were just glad to see the paper in

Linda Kryshka, Editor

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#### My Start In Sales By Irv Kaplan

Seventy years ago, when I was only 14 years old, I started working on Maxwell Street in Chicago – a street famous for its pushcarts, tables, and "pullers." Open on weekends, it was only three blocks long on a closed-off street and was famous for its bargains. Pullers called out, "Come in! Best pricing. You'll be so happy with the quality of our goods!" People from all over the city, the state, and even visitors from other states or countries, hurried to get the bargains. Many famous stores stated on this street were Kay Jewelers, Morrie Mages' Sporting Goods, and Smokey Joe's Clothing.

I worked for a man who had 13 stands, all selling the same merchandise: bundles of socks. You could get five pairs for one dollar (best quality) or 10 pair for a dollar (not as good). I told them that at such great prices, they could wear them and then throw them away- no need for laundry.

We guaranteed them all. When someone came to us with a bag of returned socks, I asked what they had paid and would return the dollar or two. Many people did not want the money, they wanted better socks, so then I gave them another bundle. I would tell them a new batch had just come in. These better socks were priced at four pairs for a dollar. We only got back three or four bags a week. People would ask, "Do your socks have holes in them?" "Of course," I would tell them. "You have to put your feet in someplace." Then, they would ask, "Are your socks seconds?" "No," I would tell them. "We sell 'dreck' from the factory" (actually seconds and thirds).

Some socks might have been mismatched, and God only knows what the sizes were in any bundle. The socks were wrapped in brown tape holding them together. Most of them were size 11. That could be changed and when we were running out of one size, they could be changed to 10 or 10-1/2 or even 11-1/2, if needed.

All my boss's other stands worked on a 15% commission. I worked at 10%, but I had the best location on the high-traffic corner of Maxwell and Halsted. Potential buyers got off the streetcar and saw me when coming and going. They had to pass me at least twice. Sometimes they warmed up by seeing many other sock stands, but why should they carry a bundle down the

street when they could buy just before they boarded the streetcar for home? At age 14, I averaged about \$3,000 a weekend, netting me \$300. This was huge for a youngster and really helped support my family.

Maybe I should have stayed with it.

#### My Mother's Big Idea By Peter Hardis

I don't know if this also happens to you, but each year, I have one day when I am reminded about the day I was born. It was my mother's idea to commemorate the day I was born on the same exact day I was born each year after I was born. She then named that day, Pete's birthday. Then, my mother told everyone who she knew about what she was doing. The next thing that happened was many family members and friends started to send me cards that they made for me with sentiments of well wishes on my birthday. Soon, word spread around the world about what my mother was doing and this is how the celebration of people's birthdays came about. "Birth Day" soon became known as birthday.

Now that I have reached the age I have become, I can't help but to resent my mother for starting this whole thing in the first place. I find lately that I no longer want to be reminded of how many years ago my birth took place. Enough is enough already! If you feel the same way as I do, then feel free to blame my mother. This past November 14th was my birthday and I would greatly appreciate it if you do not mark your calendar to remind yourself. I would like to share with you just some of the "heartfelt" and "endearing" sentiments I did receive on that day. I think as you read them, you will come to understand why I don't want this to happen to me anymore.

• My racetrack buddy: "Dear Pete, please don't get upset about how old you are because it is only a number. Speaking of numbers, do you think I will ever see the \$35 you still owe me? I am not kidding. Happy Birthday anyway"-Phil

• My cousin: "Pete, I never know what to get you for your birthday. That's why I never get you anything. I hope my best wishes for you on your birthday will be good enough for you. If not, then tough luck! Love, Joe"



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• This one speaks for itself: "Dear Peter Hardis, it is our great pleasure to wish you a very Happy Birthday. We hope that the next year of your life will be a healthy and happy one for you. Just as a reminder to you and yours, our location is very convenient to where you live and the various package plans we offer are considered to be extremely competitive within our industry. Happy Birthday!" - The Fisher Funeral Home 728-617-1500

• My daughter - "Dear Dad, you are probably the funniest and silliest father in the world. Maybe a lot of the way you are is because of all the pot you smoke. Do us all a big favor and never change! I love you very much! Love, Alison. P.S: Here in Colorado, as you know, marijuana is legal so come visit and get as loopy as you want."

• One of my friends???? "My dearest Pete, you know that I have always had an unbelievable crush on you and that is why I relish this opportunity on your special day to wish you a fabulous birthday. I will always love you forever."-Frank xxxoxx

• My nephew -"I always thought that you were ageless until my mom told me how old you are. In that case, may I suggest that we all just focus on some of the more youthful things about you. If there are any... Happy Birthday, Love, Jon"

• My great nephew - "Dear Great Uncle Pete, when I was young, I will never forget that you always told me that your brain was your second most favorite organ in your body. I never understand what you were talking about. Now that I am 14, I figured out what your favorite organ is because it is now mine also. So, happy birthday to the best, smartest, and wisest great uncle anyone could ever have. Love, Alex."

• My granddaughter-"Dear Grandpa Pete, the bad news for you is that before you know it, you will be 100 years old. The good news for me is that when that happens, I'll still be young. For all the great and wonderful times, we always have together-Happy Birthday! Love, Sienna".

So, there you have it. You know what? Maybe my mother was a genius after all. It just occurred to me that if I did stop having birthdays, I might not be alive anymore and that wouldn't be good either.

#### **Backstage By Beverly Friend**

It is easier to pan than to praise a play. As a theater critic, however, I realize that while I cannot damage a Broadway touring company, I can hurt the future attendance of a small, storefront operation. Mostly, I resist the temptation to be scathing, but sometimes it just can't be avoided. I don't stand alone here. Famous film critic, Pauline Kael was noted for her pithy comments, such as these:

• "Her only flair is in her nostrils."

• "Robert Redford has turned almost alarmingly blond -- he's gone past platinum, he must be into plutonium; his hair is coordinated with his teeth."

• "If I never saw another fistfight or car chase or Doberman attack, I wouldn't have any feeling of loss. And that goes for Rottweilers, too."

- "I feel as if I had attended the funeral of someone I didn't know." And, just one more:
- "This movie is like a toupee made up to look like honest baldness."

I cannot resist a temptation to add some of my own contributions. In a dreadful play titled Hunting Cockroaches, by Polish playwright Janus Glowacki (be sure to miss it), I wrote, "While the characters on stage discussed various ways to solve their insomnia, the 12 members of the audience had no trouble at all."

Then, there was an experimental version of Hamlet titled Hamlet<sup>3</sup>-- pronounced Hamlet cubed. (I never miss a Hamlet production to see what is added and/or subtracted from the original.) Let me preface this by saying that there were no directorial notes in Shakespeare's day. No lines state such information as "an old man, sitting at a round table with a large book in hand, looks up." Nothing is said about staging, appearance, or placement of characters. Sometimes characters are omitted -- and this often happens to Rosencrantz and Guildenstern. Directors are free to innovate and often do. Plays are set in various countries and different eras: Ancient, Victorian, the present, or even the future. I once saw a Hamlet where he and Laertes were roped together during their final duel. Sometimes the relationship between Hamlet and his mother Gertrude is portrayed as filial, other times as incestuous.

Pen to Paper continued on page 8



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#### Pen to Paper continued from page 7

However, the oddest production was one where three actors shared the lead -- signifying the Dane's fractured personality. Therefore, in his most famous speech, Hamlet #1 said, "to be," the middle Hamlet said, "or not to be," and the third Hamlet finished the line, "that is the question." To make it even worse, only one actor played both Rosencrantz and Guildenstern and only one actor (not the same one) played Laertes and his father Polonius. The latter was achieved by donning a hat as the father and taking it off as the son. For this dreadful production, I opened by warning the readers, "Shakespeare is being murdered at the Theatre Building on Belmont" and closed by noting that after the intermission only four people remained in the audience: "two critics, the usher, and one other, who may well have been either a relative of cast or crew or a glutton for punishment."

In a play so dreadful that I boycotted the theater for years, the plot was about a man who kept a hairy, feral woman in a cage in his house. He fed her raw animals (signified by tearing up a toy rabbit). He was in love with her while she, in turn, loved the woman who cleaned the cage. Now, I must note that earlier in the season, the same company had done another play with a cage. That story proposed that prison crowding and expenses might be alleviated if individual prisoners were confined to cages in ordinary homes. Therefore, in the review of the second play, I speculated that the only reason for its existence might have been to recycle the same cage. Later, however, a colleague told me that this had been a brand new and different cage. What a waste of money. Mercifully, I have forgotten the name of either play.

My very favorite lead, however, was for an experimental mounting of Ibsen's The Doll's House. This was an intellectual joint venture between the University of Chicago and the Museum of Contemporary Art. The director had decided that to reinforce the feminist theme he would cast the female characters with six-foot tall women while the males would be dwarfs. My opening sentence read, "The only thing more disconcerting than seeing the rear view of a naked male dwarf would be if he turned around." That was the one and only time that my *Pioneer Press* editor wrote me a note of praise!

#### **A Space In The Past By Frank Lemco**

There was a time, not so long ago, which began with the day's onset of darkness, and where the laughing voices of my children provided me with a large measure of comfort, away from the competitive pull of business. It was then at the end of a winter day, when our household lights were nearly dimmed, and the children were permitted twenty minutes of final conversation before sleep. It began for me around six thirty o'clock, when returning from the office. The day's light was already dying on the windows. At that hour, the facade of our home was painted with misty shadows. There, in the living room, my three children waited anxiously for my return, looking out at the winter-bared trees, that stood black against the isolated patches of unclean side-walk snow.

At my arrival, and before I could retrieve the house key from the lock, all three vied for my waiting arms. Jonathan sought my right; Anne nesting in my left; while poor baby Susan tried hard to encircle my legs. My wife, Ruth, dared not compete with them for attention. In truth, I never wanted to free myself from their embraces. Yet dinner awaited us, so we reluctantly separated.

After our meal, my wife and I would find a few private moments alone, where we might discuss the day's experiences of the children, as well as her own usual activities. I would relate some humorous anecdote I may have heard at work. In those years, I was both business astute, and energetic. And because I wanted to provide so much for my family, I arrived at my place of business quite early, when most men were still fast asleep. On some days, I worked until late at night. It was not unusual for three or four days to go by without my children seeing me. I worked all day Saturday, and carried home my business papers for review on Sunday. On Sunday morning, my children would come downstairs to join me at the breakfast table. They would jostle for my attention, often jumping on my lap. Sensing what I was missing from my life, I promised myself that I must take more time



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away from business, to spend with them. Fortunately, I could reduce my work load, by hiring some capable electronic technical specialists, which allowed us to fully computerize our operations.

I quickly learned that children love to listen to old stories about the lives of their elders. And the den, for thirty precious minutes, was our special place. It was in this spirit that my children crept close to me wanting to learn something about my youth. My father, who passed away too soon, at the age of forty-three, would have loved to have met his grandchildren. I told them how generous my father was, and how everyone respected him. I recounted how my parents, who were next door neighbors, met and courted, which drew loud guffaws from Jonathan, while the girls just asked more questions. I relayed how I missed my father's wise counsel, his kindness, and yes, his crossness. How I wished him to be alive, to be quarrelling with him (for we did quarrel sometimes). I told them how he emphasized the importance of acquiring knowledge. He insisted that good conduct and discipline were equally important. Above all, I told my children how much my father would have enjoyed his grandchildren.

On some occasions, I created fanciful tales, having exhausted family memories and finished with our library of children's' books. We would then talk about the cosmos and the silent, shining stars. We imagined that the stars were particularly bright, because the souls of people inhabited them. That even the moon above, was appointed by God to light up the vast spaces of the night. And then an exhilarating gush of young life might shoot through their veins, and they sought to play with me. My son would try a bit of rough "mano to mano," which he called wrestling. The girls wanted me to dance "rock and roll" with them.

I wish I could bring back that time and space. Such is the character of the tomorrow, which the lapse of time can never make dawn again. And since the impossible is hardly possible, I satisfied myself with those remembered incidences and endearments. The emblems of joy and interchange, will forever remain lodged in my heart and mind. They are secure spaces

reserved for that very important time.

Yet, I am pleased that my children, now grown as fine upstanding adults, will also recall their own singular versions of those times and space. I can only hope that their children, my grandchildren, will experience the same, wonderful rapport with their parents.

#### I Am Blessed With Kindness **My Heart Over Flows With Gratitude! By Lil Miller**

I don't live on the fat of the land, but on the reality of hunger and poverty!

The need of food and comfort (given with love) is the current of "hope" for a better day, to the gnawing of hearts in our human race today!

Take note, "Brother, can you space a buck for food, maybe some cookies, bread or a small flower arrangement?"

To make someone's day! That might be too proud to say:

I am in need of "kindness" in some small way!

Make someone happy when you see the need!

Many years ago, the saying was, "Brother, can you spare a dime for a coffee?" It's the very same today, except now it's, "Brother, can you spare a buck for a bottle of water?" Times have not changed, values have!

Many are called, few are chosen!

Pen to Paper continued on page 11



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Pen to Paper continued from page 9

#### Motorcycles and Land Crabs Don't Mix By: G. Loret

I used to love to ride motorcycles. It is such an exhilarating experience to feel the wind swirling around your face as you race down a hopefully deserted highway at near top speed. In high school, my friends and I used to go riding our motorcycles on selected days, especially during the summer. One of our favorite places to go was Matheson Hammock Beach and Park. Our motorcycles were not the big booming Harleys or Triumphs. We rode smaller bikes with engines between 125 and 250 ccs.

My motorcycle was a Bultaco, a Spanish company known for producing off-road racing bikes. It was a 200-cc. bike that was set up for the street, but I used it for everything, including going off-road. It was a really fast bike for its size and had a top end of over 90 miles per hour. It also had very good acceleration, and I could go from 0 to 60 in just over five seconds with a two-cycle engine that could produce almost 40 horsepower.

Our outings were usually composed of five or six riders with varying brands of motorcycles. My best friend Steve rode a Gilera 125. We would all meet at a pre-determined spot and would head off toward Matheson Hammock. It was early summer and the breeze in our faces cooled us off perfectly. As we approached Matheson Hammock we observed a most unusual scene. The road in front of us seemed to be moving. As we got closer, we could finally see that it was a huge migration of land crabs that were all moving from left to right across the road toward an unknown destination. We all stopped our bikes before wading into the melee of grayish-brownish crustaceans clicking and clacking their way across the road. Yes, that was the noise they made when we turned off our motors to watch them skittering across the road. We looked at each other and were not about to be turned away, so we slowly began inching our way through the writhing mass, trying not to run over any of them. After a couple of hundred yards we finally got through the migrating horde and were clear to continue into the park.

One of my favorite things to do in the park was to go on the zigzagging

bicycle paths that had been paved through the dense roots of the red mangrove trees that grew partway into the water, near the path. I would crank up my motor and try to thread my way through the winding bicycle path that was about a five-foot wide expanse of blacktop. I looked at my watch and got ready to race as the second hand approached the twelve. I revved up my engine and popped the clutch as the needle crossed the twelve on my watch. The front wheel left the ground as I did a wheelie when I took off. I was zigging and zagging and having a great time as I speeded up. My tires were squealing, as they were partially breaking loose, causing me to have a constant two-wheel drift on every turn as I speeded up to the maximum speed I could go on the bike path. Then I saw it. It was another damn land crab scooting out in front of me on the path. There was no way around it. I was going to hit it. I heard a sickening crunch as my front wheel squashed its shell and goo came out the sides of the crab shell. My front tire immersed itself in the crab's insides as it skidded out of control heading straight for the tangle of mangrove roots. I braced myself as my bike hit the thick two and three-inch-thick roots. My bike stopped dead, but I did not. As I flew through the air, I, at last, realized how incredibly stupid what I had done was. I was wondering just how much protection I would get from my helmet when my thinking was so rudely interrupted by my sudden deceleration as my head hit the next set of mangrove roots.

I was lying in about two or three inches of water, and I had a massive headache as I tried to pick myself up. I noticed that I had tunnel vision and could only see clearly straight ahead of me. Everything else was very blurry. My friend Steve came running up to me, and all he could think of to say was, "Man you flew!" I tried to laugh, but even that hurt. He tried to cheer me up by saying, "I think your bike is all right. Do you think you can ride?" I told him I thought I had a concussion, and would he mind taking me to the hospital. He said, "No problem! I'll lock your bike up here and get the keys for you." All I could do was nod as I got on the back of his bike and he took me to Pan American hospital, which happened to be fairly near my house.

Pen to Paper continued on page 12





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#### Pen to Paper continued from page 11

The hospital admitted me immediately and kept me there for three days of observation. My parents got there almost as soon as I did, since Steve alerted them. They looked at me with that, "I told you so," look and all I could do was throw up my hands with an appropriately dumb smile on my face. My mother went off on a tirade in Spanish about how worried they were for me while my dad just shook his head and chuckled a bit, seeing me with a bandage around my head. I wasn't exactly sure why they put a bandage around my head since I wasn't bleeding or anything. Anyway, I got over the incident without any permanent damage or side effects. Most of my friends said I didn't act any different since I had always been crazy anyway. So, that is why motorcycles and land crabs don't mix. I continued to ride motorcycles for seven years after that, but then I finally got a car and never rode bikes again after that! I guess the lesson eventually sunk in. I'll tell you about a couple of other accidents I had, but that is another story!

#### Jewish Bomber, A Blast From The Past By Stuart L. Berman



Middleweight boxer, Mike Rossman, did not exactly punch his way out of the ghetto.

Entertaining media friends around the swimming pool at his parents' home in suburban Philadelphia, Mike explained, "look at it this way, you know my father's a boxing agent and manager. I grew up in the boxing business. Lots of Jewish kids go into their father's business."

Naturally, Mike's mouther would prefer that he not fight. "It is not true," she says, "that his crib had ropes around it or that I sounded a bell for dinner." Mike offered, "I guess the first time

I had boxing gloves on was at age eight. The rec room in our house looked like a gym. Dad put in punching bags and weights. After school, I worked out on the speed bags and sand bags."

At age nineteen, Mike fought five times in Madison Square Garden, where you can believe he was the heavy sentimental favorite.

Today, Mike Rossman is the seventh-ranked middleweight in the country and is undefeated in twenty bouts. Twelve of those victories came via the knockout route.

> Published as Mike Rossman-Mazel Tough Reprinted from, "Ring Magazine"

#### **Reflections** By Lil Miller

Some days I feel like the Einstein of my time. Comparing myself to Einstein is a fallacy but an honor to say at my 'ol' age! To think I have the mind and courage to say so!

I have so much knowledge to give to the young; log cabins, candle lite kerosene lamps, President Abe Lincoln, the Wright brothers and their first plane, to the silver birds of today. My Dad's first car had to be hand cranked every so many miles and only went10 miles an hour; WOW! The car of today-all you have to do is push a button to drive and it even talks to you, telling you when you're low on gas, close to the curb, or too close to another car passing by. We are becoming dummies to the robots of today.

I have all these treasures of knowledge and memories to give away, and yet a commercial will come on TV that lets five and six-year old's get a neighborhood education from computers.

Today, the universe and solar system offers new materials for living better with different gadgets and gizmos. At this age, I could never now learn and conquer Einstein or Mark Twain. I am not, but still having courage to relate olden times of long ago. Someone listening may say, "go back to your cave man days. Leave the living up to us."

How old am I? Only God knows. Our creator knows.

Young'uns of today, "where would you be without the working hand and mind of your ancestors?"



#### Another Huge Success Arts & Crafts Show By Sue Spitz

What a busy month we've had. The pottery display at the Arts & Crafts Show was a huge success! We received many positive responses. As always, we are amazed at the talent represented, not only in pottery, but in all the crafts displayed in the show. CONGRATULATIONS TO ALL! In April, we sadly say goodbye to our Snowbirds and wish them safe travels. Now the Pottery Club ramps up for a successful spring/summer/fall. We are planning new class offerings as well as some possible guest potters. An introduction to Pottery Summer Series of 4 classes is being offered on Monday afternoons, starting June 5th from 1:00 PM - 5:00 PM. The cost is \$65.00 and includes all materials.



Registration (sign-up) and payment by CHECK only, will be accepted in our studio on Monday 1:00-3:00 PM, Tuesday and Thursday 10:00 AM -Noon.



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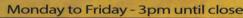


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# What Makes a Hero?

significant challenge or action impossible. When he discovered smuggled weapons, which were to be used for the genocide, he was given specific orders to disengage. Once the shooting started and people were killed, his best trained, best equipped, and best led troops, the Belgiums, were withdrawn. He stood on the tarmac and watched 450 of his badly needed personnel fly away. He was virtually alone in the midst of a civil war and genocide, with a small band of mostly untrained and under armed soldiers.

Almost daily, he led a small contingent of his men through check points that were manned by armed hostile forces consisting of military, militia, and civilians. Just going through the check points was an extremely dangerous act. The checkpoint guards were hostile, untrained, and looking for an excuse to start a fight. Yet, Dallaire and his men faced this threat daily. Once on patrol outside the capital city of Kigali, they encountered village after village where Tutsi civilians, men, women, and children laid scattered dead on the ground.

As the situation grew worse, Dallaire was ordered by his superiors in the UN and Canada to stand down and withdraw. His meager contingent had control of Kigali and several outlying areas. If he left, those civilians under his protection would be massacred. He refused to stand down or leave, but held his ground and continued to offer protection to civilians, to patrol hot areas, and to negotiate with killers in order to stop or reduce the genocide. He put his life and the lives of his men in harm's way on a daily basis.

Having served in Vietnam, I know that most soldiers will stand their ground when in harm's way. I also know that fewer of them will have the courage to stand up to their superiors and say, "No, this is not right." General Dallaire did. He stayed and put his life and the lives of his men in danger daily - above and beyond the call of duty. This determination in honesty and integrity saved tens of thousands of lives. The consequence for him and his men was severe emotional damage as they witnessed, on a routine basis, the extreme horrors, of not only war, but genocide. He is a true hero in every way. His book, SHAKE HANDS WITH THE DEVIL; The Failure of Humanity in Rwanda is an excellent read, but it is not a bedtime story.

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# YOUR COUNTY COMISSIONER

By Mark Bogen, Broward County Commissioner

#### **More Scams Being Aimed at Seniors**

Every week I receive telephone calls from people who have been the target of a scam or the victim of one. Hopefully, by informing you of these scams, you will not become a victim. During the past year, the following scams have targeted at seniors at Wynmoor and Coconut Creek:

**1. Bank** – A person pretending to be from your bank telling you that your credit card is being misued. The goal of the scam is to get you to give your credit card or credit card number to the scammer. You should note that generally, banks do not call you.

2. IRS – A person pretending to be from the IRS telling you that you owe money. The scammer claims you will be arrested if you do not send money now. Remember, generally the IRS will send you a letter and not call you.

3. Walmart or a Retail Store – the scammer pretends to be an

employee from the store. You are told that someone is trying to use your credit card. The scammer asks you for your credit card number.

**4.** Out of the Country Need Money – The scammer claims to be someone you know who needs money now.

The most important thing is to not give anyone any information over the phone. If someone claims to be from a bank or the IRS, hang up the phone. If there is a real issue, you will be sent something in writing by your bank or the IRS.

If you have any questions, please contact my office at 954-357-7002.

Also, whether you have an issue regarding Broward County, the City of Coconut Creek or if you need to reach your Congressman, I can get you in touch with the right person. As your County Commissioner, if you need any government assistance and you believe you are getting the run-around, please give me a call at my office at 954-357-7002.

# Do You Want To Be Notified or Not?

If you have a computer and wish to be notified of cancellations or emergency situations in Wynmoor, contact Fred Michael, Director of Association Affairs, at fred\_wynmoor@bellsouth.net to give him your e-mail address.

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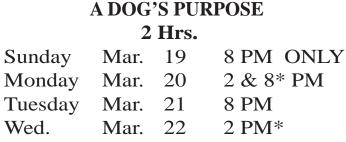
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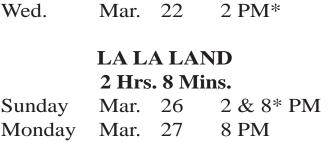
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28

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If you have any questions, please contact Darcy Farnan with Congressman Deutch's office at (954) 255-8336 or email her at Darcy.Farnan@mail.house.gov. Thank you.

Date: Monday evening, April 10, 2017 Time: 7:00PM Place: Temple Beth Am, 7205 Royal Palm Blvd., Margate, FL 33063 Cost: Adult Members (ages 13+): \$60/pp Adult Non-members: \$75/pp

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#### Dear Reader,

How many of you are "struggling" with some aspect of your life? Perhaps you are working hard to shed a few (or many) pounds, or you have a seemingly endless project that you can't seem to complete (or get to!), or you have a person in your life who is driving you crazy, yet you can't rid yourself of them because they are family! Most people I know are trying really hard to handle the challenges of life. But WHAT IF THERE WAS A SINGLE "CURE –ALL" THAT MADE EVERYTHING EASIER?

A magical remedy that allowed for easier weight loss, greater energy, faster healing, higher concentration, increased patience and tolerance that ultimately allowed for greater peace and happiness? Would you promise yourself to try it for a week? What if the answer was as simple as **GOING TO BED AND GETTING MORE SLEEP?** 

Researchers are confirming we are suffering from a sleep epidemic that threatens our safety (sleepy drivers, mistakes in patient care, increased risky behaviors and accidents) and lowers the quality of our lives. Dr. Rachel Salas, Associate Professor of Neurology and Assistant Director at the John Hopkins Center for Sleep reminds us that "sleep is a basic human need, not a luxury!". Dr. Naresh Punjabi, pulmonologist and professor of medicine at John Hopkins University recently spoke at A Women's Journey Workshop in south Florida. He asserted that our use of electronic gadgetry (phones, ipads, television) at nighttime is interrupting our sleep/awake rhythms. In our brain, a small group of hypothalamic nerve cells, called the suprachiasmatic nucleus (SCN), controls our circadian pacemaker timing of the sleep-wake cycle and coordinates this with circadian rhythms in other brain areas and other tissues of our body. But the blue-green lights that electronic devices give off are over stimulating our brains and interfering with the function of our natural sleep cycle. Additionally, when we do not get enough rest, our hormone cycle gets off track, and the hormones that regulate appetite and weight loss get reversed. While we sleep, the hormone, Leptin, increases in the body. This hormone has the awesome job of letting our brains know we have enough fat already and it suppresses our appetite! But if we stay up late, and our bodies are fatigued yet unable to reset, our body get confused and releases more of the hormone Ghrelin, that not-so-helpful hormone that triggers hunger and because we are already tired and our cognitive functioning not at optimal levels, we tend to go for the sweet

and salty snacks past 11 pm! Come on, be honest, who really makes themselves a salad at midnight?

Have any of you ever woke up cranky? (Ask your spouse or children for a more accurate answer). Many of us try to cover up this morning malaise with caffeine or sheer determination to work under pressure even if it feels like a complete "struggle". My sister has noted that when she has had a bad night's sleep she wakes up with more questions, but when she has slept well, she wakes up with answers! How about giving yourself a chance to truly feel great naturally by getting some sleep?

Here are a few gentle reminders to tap into the universal cure of **SLEEP**:

**1.** Establish a bedtime ritual. Decide in advance what time you will go to bed and turn off electronics 2 hours prior to this to allow your brain to relax!

2. Take a warm shower or bath to allow your body to relax.

**3.** Drink a soothing drink. (Not alcohol - although it can make you drowsy, it also causes brain arousals at night). Opt for warm peppermint or chamomile teas.

**4.** Drink a few ounces of organic tart cherry juice, which is a natural source of melatonin, a few hours before bedtime.

5. Be sure you have exercised your body during the daytime.

6. Keep communications in the evening gentle. Focus on the love!

**7.** Your bedroom environment should be soothing, dark and cool. Keep your bedroom reserved for sleeping, draw the blinds or curtains and keep the temperature cool (studies show 65-70 degrees ideal).

Make sleep a priority! If you do not feel rested when you wake up, try to sleep more! If this is not an option, look ahead at your day and schedule a mini nap to rejuvenate your body and your outlook! When we are rested, life feels "easy breezy"! You (and your loved ones!) deserve to feel great!

Sweet dreams, Diana





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#### An Enjoyable Afternoon At The Boca Raton Art Museum By Barry Isaac

Recently, I saw and relished the fine "Glasstress" temporary art exhibit which ends on July 2nd, 2017. This exhibit displayed fine Contemporary glass creations. At this exhibit, I saw a marvelous glass creations by the following artists: Louis Ceccini's "Incoherent Rest," which is a hammock made of glass; Javier Perez's "Carrion," made of shards of red glass and stuffed crows; Koen Vanmechelen's, "Black Medusa," which depicts black chickens made of glass and honoring chickens for producing medicine. Perez also created, "Protected Paradise," glass work recognizing the value of eggs for producing medicine. I also saw the work of Mat Collishaw's, "A Different Shelf," which is made from glass and wood. I also viewed a video, showing George De La Tour's, "Mary Magdalene in motion." Next, I saw Daniel Schutte's, "Beringo Head" and Marta Kionowska's, "Fish," which is made of shards of red glass and metal. Some of these artists are associated with the glassworks of Murano, which is a city near Venise, Italy.

I also enjoyed the fine temporary, "Mediterranea-American paintings from the Graham Williford Collection. At this exhibit, I saw wonderful oil paintings by American painters depicting the beauty of Italy, Egypt, and Spain. My favorite paintings from this exhibit were: Elihu Vedder's, "Getaway to San Gimignano," William Stanley Haseltine's, "Mount Aetna from Taormina," David Armstrong's, "Campo Maria Nova," which was a charming Venetian street scene with wonderful shadows. Some more of my favorite paintings from this exhibit included, Caleb Slade's, "San Giorgio, Venise," which was fine Impressionistic work. Finally, more of my favorites from this collection included, "Otto Bacher's, "Doge's Palace from Lagoon, Venise," Theodore Robinson's, "Bordighera," which is fine Impressionism, George P. Healy's,

"Arch of Titus," and Ernest Wadsworth Longfellow's, "In Cairo," which is fine Orientalism.

As usual, I enjoyed the museum's fine paintings and sculptures in their permanent collection which included, Red Groom's, "Slab City Rendevous," Kehinde Wiley's, "Big Daddy Kane," which depicts Afro-American people in a barbeque setting, and Michalene Thomas's, "As If You Read My Mind." Admission into the museum is \$12 for adults and \$10 for seniors 65 and older. There are plenty of free parking close to this art museum.

> Shown on the right: Koen Vanmechelen's "Black Medusa"



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Jean Dr. 7 By Joy Berke Sanchez, PhD

I have been taking care of my infirmed husband for the past seven years. Each year, it gets worse

and as you can imagine I really have no time for myself and the things that I enjoyed doing before he got sick. I recently read that caregivers live, on average, ten years less than non-caregivers. With limited funds, I can't pay for someone to help me. My mind goes dizzy to think what would happen should I die or become unable to care for him as I age. Please help me out.

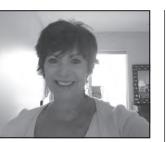
Last month I received an ethical question, this month's question is part ethical, part Medicare/legal, and part psychological. I'll try to answer what I can. First of all, I am sorry for your situation and also, of course, for your husband's illness. You are correct in saying that the life expectancy for caregivers is cut short, due to the huge emotional and physical toll it exacts. So, what can you do to help both him and yourself? I don't know too much about the workings of Medicare and what they will or won't pay, so I suggest you speak to a lawyer who specializes in this type of advocacy. After speaking to a friend of mine, I do know that these people are out there and they can give you many options and help you choose the best one for what you are dealing with. You can also speak directly to the Medicare people and if your husband is not yet 65, the Medicaid people. They do have advocates who will help you not feel so alone.

The second part of your situation is about yourself. I don't know if you have children or other family or friends who can help you. If there is anyone who can relieve you, you clearly must be firm in letting them know that you desperately need it. For the sake of your own health, you must not allow people to think that you can handle this on your own. I know how much we all hate to admit that something is too much for us, but if you become ill, incapacitated or dead, they will certainly be doing a lot more than you would be asking for now.

I would guess that you haven't shared with your family and friends the degree to which you need help. None of us want to appear weak and needy, but sometimes we just are. Most of us also have a notion that we are indispensable and the only one who can do what we are doing. This is not true and is a very detrimental attitude to hold.

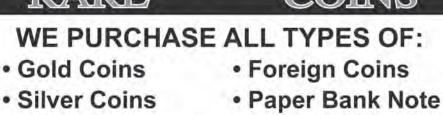
We all need and deserve to have some fun and good times in our lives and I suggest you take the time to get out and enjoy the things that used to bring you pleasure. It is crucial to your health and wellbeing that you do this and not feel guilty about it. It's the old analogy about being on a plane and using the oxygen mask first before placing it on your child. You can't take care of anyone if you yourself can't breathe.

The last thing I want to cover is assisted living or nursing home care. I know this is expensive but once again, I refer you to Medicare or Medicaid, or an attorney who knows how to structure your money to allow you to be able to do this. I'm almost certain that in these situations, you may keep your house, car and money to live on, and still be able to place your husband in a good facility. But as I said before, this is not my forte. The emotional issues you would be dealing with are something I can help you with a bit more. People have their own measures of obligation, guilt, devotion, commitment, etc., and this is always something that they have to come to terms with on their own. They can never use someone else's measurement to decide what is right for them. However, when you reach the point where you know that your own health is on the line and that you have very little quality of life left for yourself, it is definitely time to take a deep breath and reevaluate the conditions under which you are living. So many people feel guilty when they can no longer take care of a loved one, whether it is a spouse, parent



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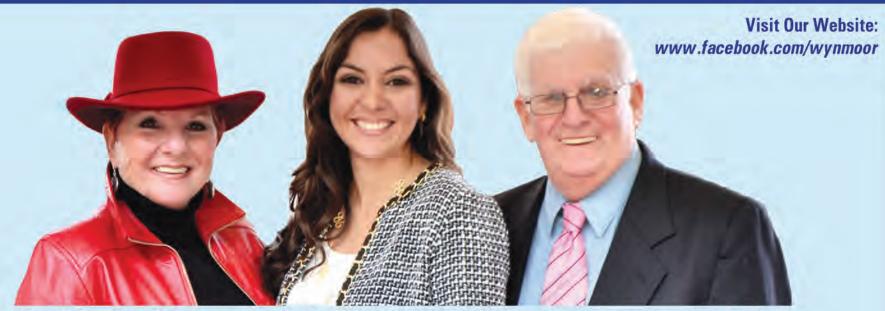
or child, and that guilt prevents them from caring for themselves.

Please remember that you are no less important than the person you are tending to and no less deserving of being helped. You are not abandoning your loved one if you get them the help they need while doing what is best for you also. If you find that you cannot move them into a facility for any reason, then I implore you to enlist whomever you can to help you and find a way to improve your own personal situation.

Your comments and questions are welcomed and desired. Please submit to Joyb212@aol.com.







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VICTORIA		)
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VICTORIA	\$ 1,200	)
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ANTIGUA	\$125.000	1
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# **POETS** and **POETRY**

If your poetry was not in this issue because of space, we will try to get it in the next issue. Our goal is to give everyone an opportunity to have their work published. All poetry will be printed as submitted.

#### **Detroit Summer of 1974**

Below the dull green tightly shut windows, with rain on dirt streaks; lives a city

With screaming fire trucks Police cars and ambulances Inside the building...doors slam Hallways...drenched with...smoke Beer spills...and Profanity Steps...leading to the front door Occupied with tenants leaning in odd angles Drinking from brown bags Smoking and talking in inner city English

On the street...pimps walking up and down Guarding their business

Skinny guys with restless looks Slick back with Afro sheen glow Older men, with Luis Armstrong scratch Eyes glued to the floor Wallets; Chained to empty pockets Styrofoam boxes...fly with left over French fries This piece of promised heaven...for an immigrant Was...all mine

By Masood Parvaze

#### If gold is yellow money, and money talks, can silence ever be golden?

Is Silence Golden? It is often said that silence is golden. But that's not an adage I am sold on. Silence is the mind's voice intentionally stilled. Leaving hopes and wishful dreams unfulfilled. Silence, as duly and cautiously noted, Is rarely, if ever, authoritatively quoted. Silence is to action as are thorny juggernauts To the muting of useful ideas and thoughts. Thus, if silence is golden as sages have oft extolled, Its shimmer and glimmer is the sheen of fools' gold. By Poet Larry-Eh, Lawrence Band

#### My Love

My love is like a red, red rose, Revealing softly as it grows, Graceful contours, wistful heart, Nature's lovely work of art.

My love is like the velvet night, As breathless as an angel's flight, As incandescent as the moon, Radiance dimmed all too soon.

My love is like a zephyr breeze, Singing in the willow trees, Carefree as a soaring bird, Gentle as a whispered word.

My love is like the finest wine, Flawless Dior dress design, Personality unique, Manner mild, but far from meek.

My love is like a mystery, Eluding me capriciously, Peal of laughter, then a tear, Beguiling maze of joy and fear.

My love is like an ancient rhyme, Forgotten in the mists of time, A fleeting kiss, a soft caress, Memory of tenderness.

My love is like a sagging hem, Drooping, withered on the stem, Beauty, passion spent, and yet My heart has no room for regret.

By Judith Bobker



#### Ruth at the Easel

As light drips into shade's solace and the sky pales, an idea grows in the shell of silence. Her hand slants and curves like life's surf saluting the bare canvas where creation is born. A fragrant breath of wind breathes into the atelier and her artistry begins.

A cardboard trough is the palette Where she piles pigments into pools of primal hue. Like Joseph's cloak it is coated with many tints. Her brush, like a maestro's baton unifying an orchestra, bursts into a canto of colour, a celebration of craft.

The reflecting window mirrors a divine dream in a letter From G-d. Flowers drink gold from streams of light exultant in revelation. The sun speaks to the cirrus clouds in burnished tones. The sea also listens while eddies slap chastely, obedient.

She draws a final furrow, the scar of a past anguish on a laboring tiller's brow, using ochre to show age, and slate to show a worker mated to the soil. The artist's palette is soon depleted. Now light trickles slyly out of working time as night kneels on her opus.

By Frank Lemco

Love your enemy. It will not only puzzle him, But finally illumine him. By Sri

By Sri Chinmoy

#### PLEASE PATRONIZE OUR ADVERTISERS - TELL THEM YOU SAW THEIR AD IN THIS NEWSPAPER

AD and ARTICLE DEADLINES for the INSIDER newspaper is the 10th day of the month preceeding an issue.

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**The INSIDER Editor** 

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**By Martin Zevin, Attorney** 

Most people who own a car believe they have "full coverage" for their car insurance; however, as a lawyer who handles personal injury claims, "full coverage" means something very different to me than it may mean to you. In Florida, only two types of coverage are required: personal injury protection (PIP) and property damage liability. It is estimated that one out of three drivers in Florida only have the minimum required coverage. It is important that you be fully protected in the event one of those drivers injures you due to a rear-end collision or other accident which is not your fault.

Therefore, it is extremely important that you properly protect yourself by carrying a maximum amount of uninsured motorist coverage (U.M.). I recommend at least \$100,000 per person/\$300,000 per occurrence

for each vehicle in your household. If you have more than one vehicle, I strongly recommend "stacking," which allows you to combine your coverage on each of your cars. Stacking is well worth the small additional premium.

Your U.M. coverage also stands for underinsured motorist coverage. This means that you can make a claim against the other driver's insurance and get the total amount available under that policy and still make an additional claim under your U.M. coverage if your injury justifies it. During my forty years of handling personal injury cases, I have often



had to turn people away who were seriously injured through no fault of their own but did not have U.M. coverage and where the negligent party did not have bodily injury liability coverage. Trying to go after an individual driver in Florida is an exercise in futility since it will be virtually impossible to collect even if you go to trial and get a judgment against that person. If you do make an uninsured motorist claim with your own company, this should not affect your premium since you were not at fault.

Your uninsured motorist coverage follows you wherever you go. You can make an uninsured motorist claim if you are driving a rental car, driving someone else's car, a passenger, a pedestrian, a bicyclist, or injured in another state. This coverage provides you the maximum protection to insure that

you will be compensated fully for your injuries if someone else is at fault.

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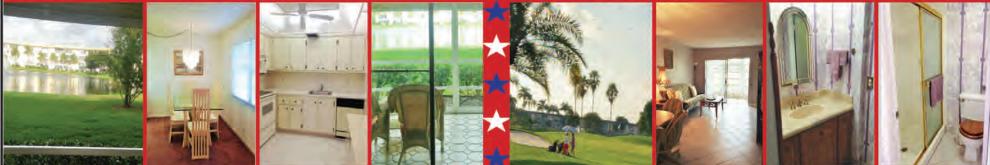
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# Robert Government Robert Government for Coconut Creek Commissioner

- ~
- **Fighting Over-Development**
- ~
  - **Reducing Classroom Overcrowding**



Supporting Our First Responders





# Vote March 14th, 2017



How many more innocent lives must perish before our legislators pass meaningful and common sense gun legislation? How many more tragic attacks like those at Fort Lauderdale-Hollywood International Airport, Sandy

Hook Elementary, and the Pulse nightclub need to occur before rational thought prevails?

Broward mourns five more lives lost in a tragic mass shooting – especially as this one occurred in our own backyard. It should be clear to everyone that dangerous individuals like alleged airport shooter Esteban Santiago, who clearly demonstrated signs of mental illness, should never have been allowed to own a gun.

In fact, any person suffering from certain disqualifying mental illness should not be able to buy, possess or carry any type of firearm-period. The same applies to convicted felons and individuals who are on the federal government's terrorist "no-fly" list. We shouldn't be allowing people in these narrow categories to buy or carry firearms.

The statistics are telling. In just the last 12 months alone, 76 innocent victims died and scores more were

injured due to U.S. mass shootings. Yet unbelievably, some argue arming more individuals is the solution. That goes for some legislators in Tallahassee, who appear more concerned about passing laws written by the gun lobbyists that would allow guns into classrooms and government meetings. That dangerous line of thinking will only lead to further violence and bloodshed.

As Sheriff, of one of the largest law enforcement agencies in the country, I understand public safety better than gun industry lobbyists and those elected officials who help advance their agenda. I can say with certainty that more guns are not the answer. Imagine the chaos if everyone at the airport was



armed with a firearm. Countless individuals would certainly have been caught in the wild crossfire and hit by stray bullets.

One study, which examined New York's annual firearms discharge reports,

showed police officers hit their targets 34 percent of the time. The hit ratio was even lower at other agencies. If law enforcement officers who carry guns daily and regularly train are successful at hitting their targets at that rate, imagine how ordinary citizens would be significantly less accurate.

It would also make the job of law enforcement far more difficult and divert them from the real threat. In such a stressful and chaotic situation, with shots being fired in all directions, how could we expect law enforcement to recognize the good guys from the bad ones?

The men and women of the Broward Sheriff's Office, local and federal law enforcement agencies and first responders did a phenomenal job rushing into a dangerous and chaotic situation. These heroes put their lives at risk to protect residents and visitors alike. We shouldn't make it even more dangerous for them.

2m

Discounts -

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Neighbors

Let me be clear: gun control isn't about restricting freedom or taking firearms legally obtained by law-abiding citizens. Instead, it is about common sense laws that help identify people with a history of criminal convictions, violence, certain high-risk mental illnesses, or are on the FBI's terrorist watch list. For years, I have been on the forefront in demanding common sense gun legislation, including closing the gun show loophole, reinstating the assault weapons ban, and fighting against open carry laws.

It's time our elected officials in Tallahassee and Washington finally do the same and tackle this life-threatening issue once and for all.

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# MARCH CLASSES

#### **Monday**

ARRP: Monday and Wednesday, March 6<sup>th</sup> and 8<sup>th</sup> from 9AM-12PM for TWO DAYS; \$15-\$20 Art for the Artist in You (Lines): Begins March 6<sup>th</sup> from 1-3PM for 4 weeks; \$50 Chair Yoga (Charland): Begins March 6<sup>th</sup> from 1-2PM for 4 weeks; \$28

#### **Tuesday**

Beaded tennis bracelet (Maron): Begins March 7<sup>th</sup> from 7-9PM for 2 weeks; \$28 Creativity Unlimited-Paint (Benezra): Begins March 7<sup>th</sup> from 10AM-12PM for 4 weeks; \$45 Following the Leader-Paint (Emerick): Begins March 7<sup>th</sup> from 1-3PM for 4 weeks; \$40 Line Dancing (Levitan): Begins March 7<sup>th</sup> from 10-11AM for 4 weeks; \$28 Stain Glass (Zannini): Tuesdays and Thursdays, March 7<sup>th</sup> and 9<sup>th</sup> from 10AM-12PM for 3 weeks; \$60

#### Wednesday

Ballroom Dance: Bachata (Price): Begins March 1<sup>st</sup> from 7-8PM for 4 weeks; \$32 Classical Music Appreciation (Ladden): Begins March 1<sup>st</sup> from 10-11:45AM for 5 weeks; \$40 Free Fitness Demonstrations (Molino): Wednesdays and Fridays at 1PM in the fitness center Paper Tole (Katz): Begins March 1<sup>st</sup> from 10AM-12PM for 4 weeks; \$40 Stain Glass Mosaic: Wednesday, March 15<sup>th</sup> from 9:30AM-12PM and Thursday, March 16<sup>th</sup> from 12:30-3PM; \$60

#### <u>Thursday</u>

Canasta (Levitan): Begins March 2<sup>nd</sup> from 3:30-5:30PM for 5 weeks; \$45 MahJongg (Levitan): Begins March 2<sup>nd</sup> from 1-3PM for 5 weeks; \$45 Polymer Clay (Maron): Begins March 2<sup>nd</sup> from 6:30-8:30PM for 4 weeks; \$54 Portraits and More (Lines): Begins March 2<sup>nd</sup> from 1-3PM for 4 weeks; \$50 Stained Glass (Zannini): Tuesdays and Thursdays, March 7<sup>th</sup> and 9<sup>th</sup> from 9AM-12PM for 3 weeks; \$60 Stone Sculpture (Capeloto): Begins March 2<sup>nd</sup> from 9-11AM for 4 weeks; \$70 Viking Knit (Maron): Begins March 2<sup>nd</sup> from 10AM-12PM for 2 weeks; \$28

#### <u>Friday</u>

Free Fitness Demonstrations (Molino): Wednesdays and Fridays at 1PM in the Fitness Center The Classics of Jewish Literature: Text and Context (Kavon): Begins March 10<sup>th</sup> from 10- 11:45AM for 4 weeks; \$32

**Saturday** Yoga (Charland): Begins March 4<sup>th</sup> from 9-10AM for 4 weeks; \$28

#### Sessions

Golf Lessons (Battersby) Private Sessions available Wynmoor Personal Trainer (Molino) Private Sessions available

For more information, call Recreation at 954-978-2600, press 1. Register at the Recreation Office Monday - Friday from 8AM-4:45PM or at the Business Center in the Country Club, Monday - Friday, 8AM-12:45PM and 2-5PM. Classes are on a monthly basis and must be taken consecutively. Classes are subject to change. Refunds are not granted after the start of the second class.













#### **Accidents Need Not Be Deal Breakers**

(NAPS)—Many used car shoppers avoid cars that have been in an accident but their loss may be your gain. Here are some tips to help you find a bargain:

- Severity. If the vehicle was in only a minor accident, it could work out in your favor. You might pay less for a great car that just needed a few parts replaced.
- Structure. Check for reported frame or unibody damage; specialists can measure the frame to see if it's outside manufacturer specs.
- Get a Vehicle History Report. Accidents reported to Carfax often include helpful details like what areas of the vehicle were damaged, airbag deployments, if the vehicle had to be towed and so on.
- Take it to a mechanic to verify whether the repairs were done properly and the vehicle is safe. For more advice, search for "accident damage" on the Carfax.com blog.



If a used car has been in a minor accident, you may be able to drive a real bargain where others pass.



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DAY	DATE	eger	ARRIVAL.	DEPARTURE	Us
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**MARCH 2017** 

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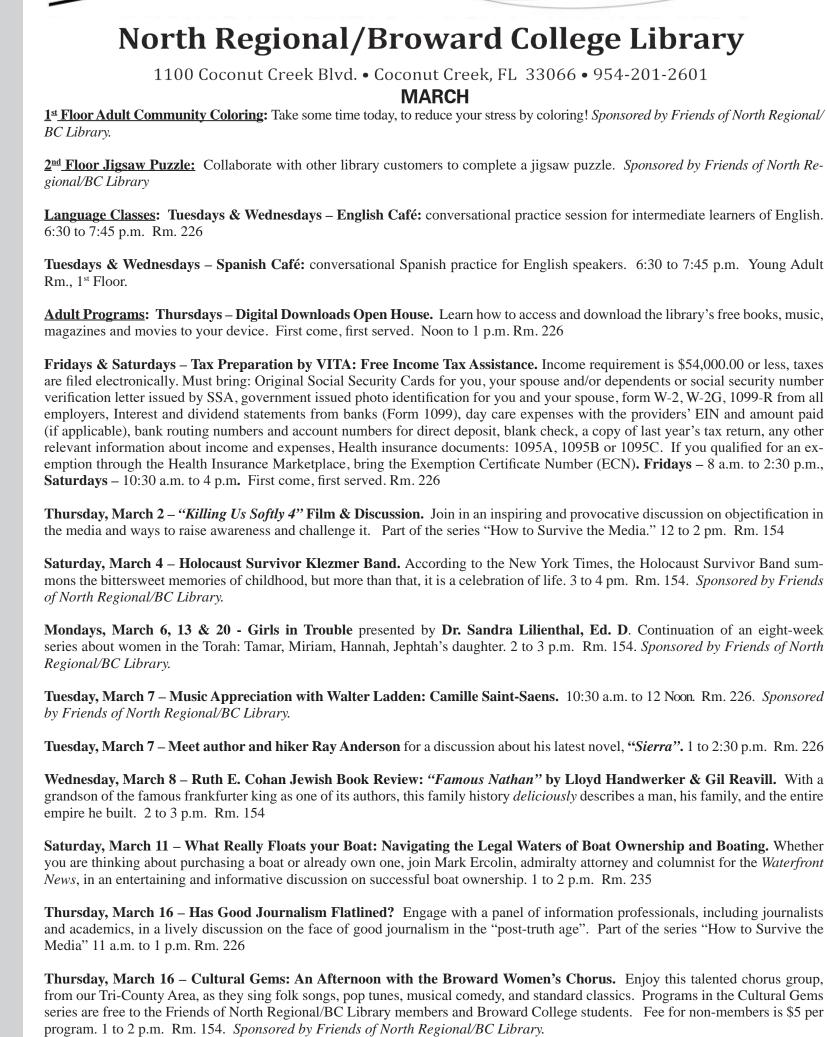
Ben G. Schachter, Licensed Real Estate Broker

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pcoming library Events...





Saturday, March 18 – Color Your World: Rediscovering Coloring as an Adult. 11 a.m. to 12:30 p.m. Rm. 235. Sponsored by Friends of North Regional/BC Library.

Saturday – March 18 – Guitar Café for Adult beginners to intermediate guitarist. Bring your guitar and join in if you are interested in learning and playing. (Acoustic, Electric or Bass). 2to 5:30 p.m. Rm. 154

Wednesday, March 22 – Five Fascinating Females of the Prohibition Era presented by author and historian Sally J. Ling. They were women in a man's world when women weren't supposed to be savvy, strong, independent or successful. Learn about the women who made their mark either within the law or outside it during the Prohibition movement or after the enactment of the law. 1 to 2:30 p.m. Rm. 154 Sponsored by Friends of North Regional/BC Library.

Tuesday, March 28 - Reading Round Table Book Discussion: "The Trespasser" by Tana French. The latest Dublin Murder Squad mystery. Join librarian Robert Stearns to discuss this latest work from the incomparable Tana French. 2 to 3:30 p.m. Rm. 226

Tuesday, March 28 – Check out a "book" from the Human Library, with people from Broward College and the community speaking, on topics related to issues of gender identity, sexual orientation, civil rights, the African American, international student, immigrant, refugee and disabled person's experiences. 1 to 4:00 p.m. Library Courtyard

Tuesday, March 28 - "Kinky Boots" film screening and discussion from 6 to 8:00 p.m. Rm. 154

WRites of Spring - Broward College North Campus' 28th annual literary festival featuring Danny M. Hoey Jr., educator and author of the novel "The Butterfly Lady," will give readings: Wednesday, March 29 - 12:30 p.m. Rm. 154 - Thursday, March 30 - 12:30 p.m. and 6:00 p.m. Rm. 154

# Make sure your electronic medical records are accurate

By Michael Roizen, M.D., and Mehmet Oz, M.D.

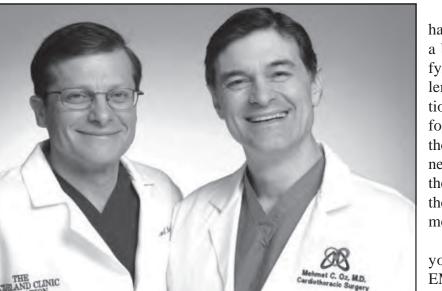
A solid, dependable patient-doctor relationship sure makes good health easier. Study after study shows that when patients trust and are comfortable with their doctors, it has measurable health benefits. Not only are YOU inclined to share more information with your docs, it also makes a difference in how you respond to treatment -- improving your compliance with prescribed therapies and boosting your healing and recovery!

That's why it is so important that your medical records -- especially now that they are electronic and

shared among many docs -- are accurate. You expect them to contain all your basic vital info (height, weight, age, blood pressure, various cholesterol levels, glucose, some hormone and inflammation markers, and perhaps levels of some key nutrients, like vitamin D, B-12 and an omega-3 index).

But you should expect your electronic medical record to contain much more: information about your symptoms, lifestyle, the medications and supplements you take, past and present reactions to medication, and your concerns and even objections. After all, it takes a full range of data, when passed from your primary-care doc to a specialist, for that specialist to understand your baseline -- and build your specialized diagnosis and treatment. If that's not done, chances are you won't be as happy with the treatment process -- or even the outcome -- as you should be.

Unfortunately, a couple of recent studies reveal that EMRs are not meeting those expectations. A 2014 study in the journal Plastic Surgery found that in a sampling of Canadian plastic surgeons, almost 25 percent of the information fields on EMRs was incomplete, and 1.4 percent was inaccurate -- especially about current medications, medical history and medical allergies. And a brand-new study from the University of Michigan's Kellogg Eye Center found that the symptoms and info patients entered on their pre-examination questionnaire and the information put into their EMR after talking with the doctor contained what the researchers called "notable differences!" Looking at the records of 162 patients, the researchers found agreement between the pre-exam questionnaire and EMR for only 38 of the patients!



One example, among patients who had noted concern about glare (that's a big deal when it comes to identifying cataracts and other eye problems), 91 percent didn't have mention of it on their EMR. The cause for the omission wasn't clear. Was there a discussion but the info was never inserted into the EMR? Or did the patient forget to mention glare to the doctor, since it had already been mentioned on the questionnaire?

One thing is for sure: As a patient, you have to be attentive to your EMR! And good docs don't mind if you ask questions.

There are four ways you can increase the accuracy of your electronic medical record:

1. Repeat in conversation everything you've written down. Don't just assume that your handwritten notes will make it into your EMR in a timely fashion.

2. Be organized and have all your current info with you. That should include a list of your meds, supplements, recent test results, diagnoses from other doctors, etc. This info should always be current in your EMR.

Also bring a list of questions you want to cover during the appointment. This can generate pertinent info that belongs in your EMR.

3. Be assertive and collaborative. Let the doctor know if you still have questions. If there's not enough time to address them, then ask if an additional appointment can be set up or if other staff members can answer your questions.

4. Ask for an electronic copy or a printout of your EMR after every doctor appointment or in-hospital stay. Review the information, and then if there is an error in that record or something you do not understand in the instructions, ask about it. (Some places automatically give you a summary of instructions from your doc as well as your medication record.)

Mehmet Oz, M.D. is host of "The Dr. Oz Show," and Mike Roizen, M.D. is Chief Wellness Officer and Chair of Wellness Institute at Cleveland Clinic. To live your healthiest, tune into "The Dr. Oz Show" or visit www.sharecare.com.

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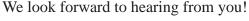
# **News Around Town..**

FREEWAY

We are a fun, local band in South Florida. We play a variety of songs that you can dance to or sing along with...You might want us to play for your next event or party, or any excuse to have a party, party!

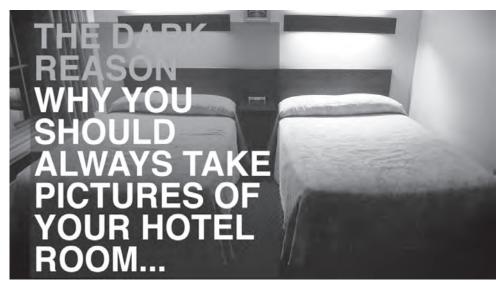
Visit our website: rwall6150.wixsite.com/freewayband.

You can hear us, and check our tour dates to see if we are available. We look forward to hearing from you!









You may want to snap pictures of your hotel room when you're traveling because it's luxurious or you want to show off to your friends, but there's a better reason to do so: it may save a child's life.

The TraffickCam app, which is free and available for iPhone, iPad, and Android, allows you to upload pictures of your hotel room, where they are then matched to a database used by law enforcement. This can help the police identify where trafficked children are.

"You just enter your hotel room, and your room number. Then, you take four pictures, and you submit them to the website," Washington University Researcher and TraffickCam developer, Abby Stylianou, explains.

"Then, those pictures become part of the pipeline that law enforcement can use to track down where the victims are being trafficked," she said.

The idea for TraffickCam came several years ago, when the police sought help from the non-profit Exchange initiative, formed by the Nix Conference and Meeting Management to end sex trafficking. Police wanted to identify a hotel where children have been trafficked.

The police showed Nix staff a photo. "One of the girls in the office knew exactly what it was," Nix Principal Molly Hackett said. Exchange Initiative then teamed up to make the app.

Photos of victims are all too common, and the internet has made trafficking easier for criminals.

"Right now, there are pictures posted every day. Hundreds of pictures, in every city around the United States, are posted online, that show victims of trafficking, in hotel rooms, usually with the children on beds," Stylianou said.

Since its creation, TraffickCam has acquired over 1.5 million photos of hotels around the world.

Sgt. Adam Kavanaugh, the deputy commander of the Missouri Internet Crimes Against Children Task Force, is hopeful that the app will make a difference.

He said, "I think it's going to be crucial to help us identify, not only where they're at now but where they have been. Which is something we need, that helps with prosecution."

Submitted by Jack Mendelson - reprinted from AOL News

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#### The INSIDER

# News Around Town...

## Happy 60th Anniversary

Congratulations to our parents/grandparents, Wynmoor residents, Essie and Eddie Kopple! They will be celebrating their 60th Wedding Anniversary on March 24th, 2017. What an accomplishment! Stay happy and healthy. We love you and are so fortunate to celebrate with you. Robin and Howie, Marc and Sherree, Joey, Amanda, Yale, Scott, Samantha...and Lattee, too.





### The Liberal Jewish Temple

By Joan Sampson

If you weren't there, you wouldn't know just how successful a small event can be! We're talking about Norma Levine's Annual 2017 Bake Sale! But the most amazing thing is the hours of preparation that went into planning for this event. My hubby, Don, picked up all the goodies that wonderful people had baked. Then, he wrapped them so fancy, that they looked so professional! Finally, the schlepping to the Cove he did, when it seemed like only minutes, it was all over! The goodies were gone! Some late-comers were disappointed but Norma and her hard-working committee promise to have more for you next year!

You really ought to give yourselves a treat and come to our Temple for one of our Friday evening Sabbath Services. You'll truly love listening to Rabbi Steve Texon's rich Cantorial voice chanting all the old, familiar prayers and his own special way of conducting our services.

However, on Saturday, March 11th, at 8:00 PM, there's a Purim service. We will resume our Friday services on March 24th at 8:00 PM which will be followed by an Oneg (sweet table) to which everyone is welcome. Try it out! Shalom!

#### Daylight Savings Time Begins March 12th Spring Ahead - Turn Clocks Forward

## **Meet Robert Miller**

Robert Miller is a proud father, successful small business owner, and a dedicated community activist. He and his wife Jamie have lived in Coconut Creek for over 15 years, where they raised two daughters, ages 14 and 20.

For nearly a decade, Robert has been the coowner of M&M Property Management, which serves several of Coconut Creek's homeowners associations. Through his experience as a property management professional, Robert



understands many of the critical issues affecting our families and retirees at the local level. He is committed to utilizing his business expertise to improve our community for generations to come.

#### **Robert's Priorities**

#### **Fighting Over-Development**

Over-development hampers our city's infrastructure and leads to increased traffic gridlock. Robert will work to promote smart growth policies that put residents first.

#### **Reducing Classroom Overcrowding**

As a father of two children who attended public school, Robert understands the problem of overcrowding in our classrooms. He will collaborate with our School Board members and County Commissioners to find solutions to the overcrowding issue for future generations.

#### **Supporting Our First Responders**

Robert will work to ensure that our police and firefighters have the resources they need to protect a growing community for years to come, keeping our streets safe and our property secure.

#### Coconut Creek High School Magnet Program By Roslyn Greenberg

A meeting for the Magnet program at Coconut Creek High School took place on January 18th. These volunteers were willing to give their time during the week to help students achieve life skills who are continuing education that will prepare them for their future as adults after they graduate.

Attendees were: Rose Ortiz; Kahalil Bachir; Toby Gordon; Ellen Tolson; Myrna Berger; Coconut Creek Commissioners, Sandra Welsh and Becky Tooley, North Lauderdale Comissioner, Jerry Graziose; Marla Nemanic; Peter Hardis; Marilyn Stahl;, Helen Rubin; Margaret Jenkins; Rhoda Becker; Ken Newman; Sheila Damens; Janell Bantz; Janet Poole; CCHS Principal, Scott Fiske; Lucia Cantone; Wanda Robinson, Jack Gerber, and Celia Zombeck. If you are interested in joining this group, please call Roz at 754-205-7283.

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ERTHDAY BIPTHDAY EREPPY

Happy 75th Birthday to the best Mom and Bubby we could ever ask for! Your smile and your positive energy lights up our lives every day! Thank you for always

putting your family first, even before your own needs! We appreciate you so much and can't wait to celebrate another 75 years with you! We hope that today brings you as much joy as you give to everyone around you! We love you so much!!!

Your family, Ronnie, Amy, Jillian, Jenna Mindy, Dan, Coleman, Renae



**Picture left to right:** Annette Freund, Eilene Julian and Lois Forman special birthday celebrants!

On Wednesday February 22 three special Wynmoor ladies Lois Forman, Eilene Julian and Annette Freund were joined by seven friends and family at the English tea house "Let's Have Tea " in davie for an exciting birthday celebration!! We promised not to point out who is who as these three ladies celebrated a 70th birthday, an 80th birthday and a 90th birthday!!! How special is this. Age has no barrier when good friends can get together for such an important celebration.

Happy Birthday to Lois, Eilene and Annette. Here's hoping that in ten years we can be able to share your next big celebration!!!!



### ON THE TENNIS COURTS By Arlene Eisenberger

#### WYNMOOR TENNIS OPEN AND, THE WINNERS ARE: SATURDAY, FEB 11<sup>TH</sup> the annual Wynmoor Tennis Open was held. This

SATURDAY, FEB 11<sup>TH</sup> the annual Wynmoor Tennis Open was held. This event puts Men against <sup>T</sup>Men and Women against Women in the A & B divisions. A total of 35 people played .4 round robin games and the top 4 scorers in each division played off for 1st and 2nd place.

As with every event, we end with lunch and give out prizes to the hardworking competitors. This year the First-place winners in each division received an hour of tennis lessons and the second-place winners a half hour of lessons with Tennis Coach Timothy Neilly.

This event, like all others, takes the cooperation of a number of people to make it successful. Thanks goes out to Sandy Goldberg, Sandy Zoccollilo, Ron Sacoff, Al Bike, Joan and Nelson Sommers, Barry Halpren (photographer) and our tennis players (who made this event such a success).

#### And the winners are:

#### MEN'S A:

1<sup>ST</sup> PLACE YVES LEROUX & GILLES GOULET 2<sup>ND</sup> PLACE JEFF GREEN & BENNY MATOS

MEN'S B: 1<sup>ST</sup> PLACE: JEFF BRANCH & RON KAGEL 2<sup>ND</sup> PLACE: BARRY MARK & IGOR KRUPERSHILAK

WOMEN'S A: 1<sup>ST</sup> PLACE: KAY LINES & NORA TADJINISSION 2<sup>ND</sup> PLACE: SHELLY PROPPER & MARCIA MARON

WOMEN'S B: 1<sup>ST</sup> PLACE: NICOLE FAUTEUX & JOAN SOMMERS 2<sup>ND</sup> PLACE: GLADYS LONGOBARDI & CAROLYN GREEN

Next event will be held on Saturday, March 18 and will be a Blind Draw Round Robin.

End of the year Goodbye Snowbird Party will be held April 2<sup>nd</sup>. First on the courts and then at the Cove. All events played on the courts are for Members Only.













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On January 3, 2017, I was sworn into office as your newly elected Broward County Property Appraiser. It is a true honor to serve Broward's 1.9 million residents and all nonresident Broward property owners. To learn more about me, please visit <u>http://www.bcpa.net/Marty.asp</u>

#### What We Do

Broward County Property Appraiser's Office does not set or collect your property taxes, but determines the value of all residential properties, commercial properties and tangible personal property in Broward County. This is important because the amount of property taxes you pay is determined by your local tax rates and the taxable value of your property.

Among other important functions, our office grants property tax exemptions such as Homestead Exemption, Veteran Exemptions, Disability Exemptions, and Additional Low Income Senior Exemption to qualified permanent residents as well as Agricultural Classification.

If you qualify for any of these valuable exemptions, then we are going to assist you and make sure you receive everything you are entitled to under the law.

#### **Community Outreach**

Broward's property owners should pay no more than their fair share of property taxes. Each week, Broward County Property Appraiser's Community Outreach Department visits all areas of Broward to help the public with available tax saving exemptions, property assessments and other important matters related to

their property. These exemptions result in considerable savings for the homeowner. For a list of community outreach events, please view our outreach calendar



If my office can assist you, please visit our website at <u>bcpa.net</u>, call us at 954-357-6830 or email me directly at <u>martykiar@bcpa.net</u>

Take care, Marty Kiar, Broward County Property Appraiser





This is the last issue with the heading MAYOR. The position of Mayor is a one year term. The



By Mayor Mikkie Belvedere

Wild Life Day, Zero Discrimination Day, Purim, Holi, and don't forget March 12<sup>th</sup>, we change to Daylight

position is voted upon by the five Coconut Creek commissioners. Basically, we take turns. Up until last year, I was still occupied with my Insurance business, so I opted not to be mayor for the last seven years. When I slowed down on my business responsibilities, and with the good wishes of the other commissioners, I accepted the nomination of Mayor. My year is up. It was a wonderful year! Every other year in March there is a municipal election. Get ready to vote on March 14<sup>th</sup>. However, since I ran unopposed, I am honored and humbled to serve you for another four years as commissioner of District B. Basically, I do the same job, less papers to

sign and I have to give up my parking space J. District B encompasses Wynmoor, Centura Park, and parts of the Township. The city has five districts. To be elected, the person running for office has to reside in his/her district for at least a year. Although we run for a district seat, we are responsible to every resident in Coconut Creek.

Happy Birthday and Happy Anniversary to all celebrating this month. Holidays this month include Ash Wednesday, St. Patrick's Day, World



Savings Time. It is also Women's History Month and National Nutrition Month. Some silly days: National Meatball Day and National Goof-off Day.

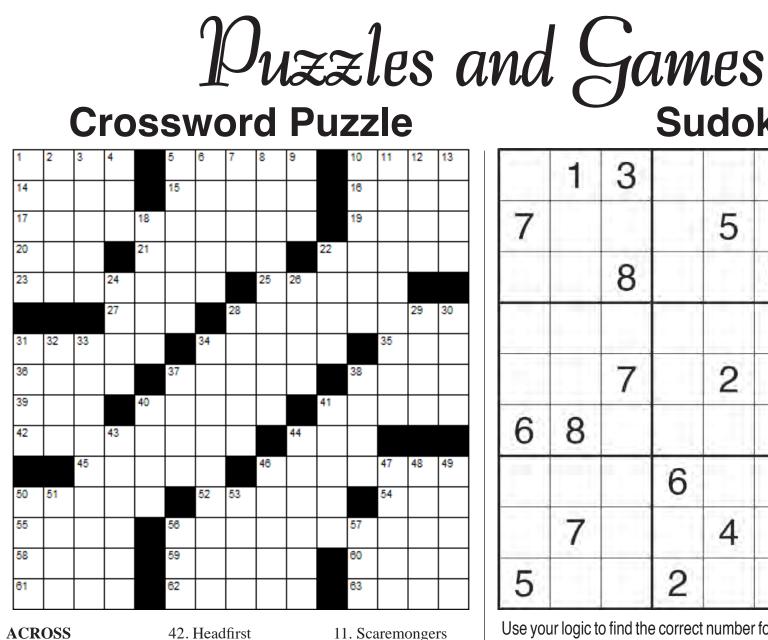
Coconut Creeks downtown, which is from 441 to Lyons and from Sample to Wiles is rapidly beginning to take shape. In the Promenade, which is the northern part of our downtown, you will find many good restaurants. The newest being Coopers Hawk, a winery, with a tasting room and membership. Want a great massage or facial? Try the new Massage Envy at the Promenade. Sample Road is getting a makeover as part of our downtown with midrise apartments. And, look out for the beautification on Lyons Road

to start soon.

The last time I planned a coffee with the commissioner, we had a tornado and we had to cancel. I will try to schedule another one so we can have a chat and hope we don't get any interference. Look for information on our channel 98 or in the Wynmoor news.

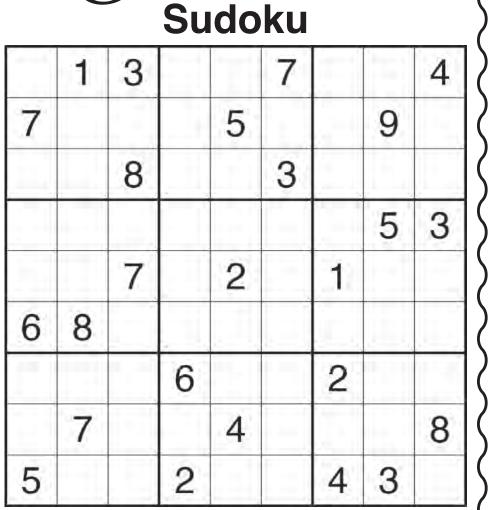
I can be reached at 954-803-7696. Or <u>mbelvedere@CoconutCreek</u>. <u>net</u>. Any suggestions or ideas, do not hesitate to call.

Solutions on page 54



#### ACROSS

- 1. Ends a prayer
- 5. Steeple
- 10. Get-out-of-jail
- money
- 14. Numbskull
- 15. Anagram of "Paste"
- 16. If not
- 17. Sleepiness
- 19. Broad valley
- 20. Directed
- 21. Japanese cartoon art
- 22. Peels
- 23. Melancholy
- 25. A watery discharge
- 27. Entire
- 28. Malocclusion
- 31. Anagram of "
- Smite"
- 34. Fast
- 35. Weep
- 36. Acquire deservedly
- 37. Applied to a wall or canvas
- 44. Children's game 45. Crawled 46. Rabble-rouser 50. An inferior black tea 52. French school 54. Card with one symbol 55. Region 56. Cave dweller 58. School session 59. Eagle's nest 60. Beers 61. Playthings 62. Mammary gland of bovids 63.8 bits of data **DOWN** 1. Mire 2. Type of mushroom 3. Lyric poem 4. Not used
- 11. Scaremongers
- 12. Small island
- 13. Dregs
- 18. Travels on water
- 22. Flippant
- 24. Acquire
- 26. Significance
- 28. Unpaid
- 29. Brag 30. Wanes
- 31. Netting
- 32. Alleviate
- 33. Betrayal 34. Strolled
- 37. Raindrop sound 38. Epic 40. Parasitic insect
- 41. Anaglyph 43. Aspirations 44. Bank employee
- 46. Motherless calf 47. Blithely 48. Group of 8
- 49. Ganders 50. Insulation
- 51. Chocolate cookie



Use your logic to find the correct number for each square. When finished, all nine rows across, all nine columns down and all nine 8-by-8 boxes must contain all nine numbers. 1 through 9 with no repeats.

## St. Patrick's Day

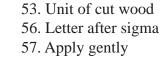
Find and circle all of the words that are hidden in the grid. The remaining 34 letters spell a secret message.

- 1																		
	S	А	S	S	Е	Ν	Ν	Ι	U	G	Е	V	Е	Ν	Т	S	Ρ	
	Ι	Υ	А	D	Ι	L	0	Н	Ν	Т	Υ	Υ	Ρ	А	Е	Ρ	0	
	С	Т	Н	Ι	S	Т	0	R	Y	R	А	R	Ρ	Κ	G	0	Т	
	Ι	L	S	0	D	А	В	R	Е	А	D	А	А	I	R	Н	А	
	S	С	0	Κ	L	Н	Т	Ν	Е	Е	Т	Ν	Е	V	Е	S	Т	
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	М	Е	I	С	Е	U	А	С	0	Ν	А	I	Т	L	Ν	В	Е	
	Е	L	С	Н	Е	R	А	Ν	R		Е	S	Е	Κ	В	F	S	
	G	Т	Н	Т	А	L	S	Н	R	А	F	S	С	F	Е	U	F	
	А	I	R	Ρ	R	А	Е	Е	С	Т	М	Ι	Ι	Е	F	Е	D	
	Т	С	I	G	Ι	А	L	В	S	Е	R	М	В	Т	S	G	Н	
	Ι	С	S	Ν	Ν	А	D	А	R	Е	R	D	Н	Т	Υ	А	0	
	R	R	Т	R	Ν	Ι	F	Ι	М	А	Е	Ρ	I	С	Е	В	L	
	Е	0		D	Е	L	С	Ι	Т	Ν	Т	V	Е	Κ	А	В	Υ	
	Н	S	А	S	Е	Е	L	Ν	R		А		R	L	R	А	D	
	Е	S	Ν	В	Н	Ν	В	0	А	L	0	0	0	Т	L	С	А	
	S	Н	А	Μ	R	0	С	Κ	U	D	С	Ν	R	Ν	Y	Y	Υ	
	BEER BELFAST BISHOP CABBAGE CELEBRATION CELTIC CROSS CHRISTIAN CLOVER CORK CORK				D E F G G H H	GUINNESS HERITAGE HISTORY				HOLY DAY IRELAND IRISH LEPRECHAUN LIMERICK MARCH MISSIONARY MUSIC PARADE PATRON SAINT								

38. Counterfoil 39. South southeast 40. Threw 41. Throws away

7. Bit of gossip 8. Setting aside 9. S 10. Smear

6. Terror





5. Anagram of "Plains"

Word: onus

**Definition**: burden

Example: Management has made it clear that the onus is on employees to ask for further training if they don't understand the new procedures. Word: voluble

**Definition**: easily rolling or turning: rotating

Example: Having worked as a teacher for almost twenty years, Pamela was voluble on the subject of education.



Chicken in Lime Sauce Chicken Masala Chicken Piccata Grilled Chicken Chicken Caprese Chicken Franchaise Roasted Chicken Sautéed Chicken Chicken Alfredo Chicken Parmesan **Chicken Primavera** 

#### Tilapia in Lime Sauce **Tilapia Lebornes** Tilapia Piccata Grilled Tilapia Tilapia Franchaise Fish Fillet in Coconut Sauce Fish Fillet in Red Sauce Grilled Fish Fillet Grilled Salmon Whole Red Snapper Shrimp Primavera

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## **Front Row** K Center... **By Selma Glass**





I would like to wish the best of luck to our former editors, Jack and Miriam Mendelsohn. It was a pleasure working with you! I would like to wish the new owners the best of luck!

On to the theater...

Coming to Broward Stage Door **Theater**, from February 10<sup>th</sup>-March 26<sup>th</sup> will be David Bernstein's delightful comedy, "The Bris, the Bar Mitzvah, and Beyond!" Here's a short preview from the play: "and verily, the Lord said unto Abraham,

cut off the foreskin of thy organ as a covenant of obedience." And Abraham replied, "You're kidding, right?"

Playwriter, Berstein, has long wondered what the guest of honor at the Bris ceremony would be thinking if he knew what was going on. On the eight day after his birth, little Max Shapiro begins a lifelong conversation with his Dad, Gary, by asking the age-old question, "What do you think you're doing with that knife?"

"The Bris sets the stage for the Shapiro's lifetime together," Berstein explains, "as we stop to visit with them, at some of the rites of passage, that define the relationships between Jewish fathers and sons."

The play's director, Randy Brenner, feels the show is actually a drama, with some very funny moments in it. I've been referring to it as a "dramedy."

"The Kid from Brooklyn, the Danny Kaye Story," will play at Stage Door from February 24th to April 9th. We all remember Danny Kaye as a super talented, brilliant performer who premiered on stage, television, and movies. Based on the turbulent life of Danny Kaye, this intimate musical, chronicles Kaye's career and his relationships on and off stage. We follow the rise of Danny Kaye from an undisciplined, improvisational comic, to his many successes, and all under the guidance of his wife, Slyvia. Most of Danny's favorite songs will be performed by the amazing actor who portrays him.

For more information about this play, please call Stage Door at 954-344-7765.

Coming to the **Broward Center**, from March 21<sup>st</sup>-April 2<sup>nd</sup> will be, "Is Something Rotten?" This is a musical set in 1595. The story follows the Bottom Brothers, Nick and Nigel, who struggle to find success in the theatrical world, as they compete with the wild popularity of their contemporary, William Shakespeare. The Broadway production was nominated for several Tony Awards.

You can still see "The Little Mermaid" at the Broward Center until March 5<sup>th</sup>. This musical, produced by Disney, is based on the animated 1984 Disney film. The classic story by Hans Christian Anderson, is about a mermaid who dreams of the world above the sea. The underwater setting requires unusual technical designs and strategies to create gliding movements for the actors, creating an underwater world on stage.

For more information about these productions, please call the Broward Center at 954-462-0222. See you next month!



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My condo board meets privately every month at a unit owned by one of the board members. Several unit owners confronted the president saying that all meetings are supposed to be in the open allowing unit owners to attend. The board president claimed that every month several of the board members play poker and they are not discussing board business. I think this is an excuse used by the board so they can meet in private. Is it legal for the board members to meet privately?

A It is legal for board members to get together to play poker or any other activity. While you are correct that board members are not allowed to conduct business while socializing, there is nothing in the law that prohibits board members from getting together and meeting privately.



We have a unit owner that constantly violates the rules. For the past year, we have tried to work with this unit owner and keep warning him. Is it legal to fine a unit owner for violating the rules in our documents?

Yes, it is legal to fine a unit owner. Please remember that when a unit owner is fined there is a procedure that must be followed.

Que condo has many "snow birds" that live up north during the summer months. Last year after a unit owner left the association for the summer, a water leak occurred from his unit and it flooded the unit below. The board just passed a rule that when a person is leaving their unit for more than 30 days, they need to shut off the water valve leading into their unit. Is this legal? Any suggestions?

A Since the rule concerns the unit, the notice for this rule needs to be 14 days prior to the board meeting. Assuming that you provided the unit owners 14 day's notice of the meeting, the board needs to send the unit owners a letter informing them of the rule. I suggest that you send the letter certified so that your association has proof of mailing.





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#### **1705 Andros** By Marilyn Stahl

First and foremost, we want to wish our neighbor, Irv Nemtzow a very happy belated 100-year birthday. We wish him good health and look forward to next year so we can wish him birthday wishes for 101.

This month, we celebrate the birthdays of Bernie Hurowitz, our social club coordinator, and Jane. Many more happy and healthy ones.

Vi Roth vacationed in Bermuda with her family.

Our lunch bunch continues to enjoy our monthly get togethers. It's always nice to catch up on the neighbors coming and going.

We want to welcome our new neighbors, Bonnie and Steve Goodman. We are happy you chose our building.

Until next time, continue to enjoy your time here in this wonderful place called Wynmoor.

#### **3003** Portofino Isle

By Claire Gochman

Our recent luncheon honoring John Giuffrida, President of our building held at Lester's Diner, was a success and everyone had a good time. Oliva Hammer, Treasurer and Secretary of our building, was instrumental in arranging the luncheon. Oliva presented John with a gift in appreciation for all the great work he has doen for our building. Thanks also to Anatol Nisen, Director of our building, for the wonderful job he does for overseeing every detail that needs to be done.

Welcome new owners to our building, Rose and Frank Wojcik. Frank already is in charge of keeping our barbecue clean. Thank you, Frank.

Our thanks to John and Anatol for the beautiful landscaping work in the front of our building.

Happy March Birthdays to: Larry Gochman, Josephine Livecchi, and Madalyn Daryadel. Many happy returns dear people. Happy Wedding Anniversary to Gina and Leon Linzenberg and Anna and Vincenzo Avellino.

Happy Saint Patrick's Day to our neighbors.

#### 2901 Victoria Circle By Joan Sampson

Your Board of Directors would like to thank all of our wonderful residents for their patience and forbearance during the extensive renovations for a new resident's unit. We know so many of you were disturbed with pounding and drilling. We are also aware of the damages to our newly paved paths and newly painted catwalks in the building. We hope that after 6 or 7 months, this work-in-progress will finally be complete so that we can begin to make the necessary repairs. It has been quite an experience!

We are really having a wonderful season! Congratulations to Jackie Railey and her committee for a fabulously successful Relay For Life - our fight against cancer! The events were great but the money we raised was phenomenal!

Our Victoria pool was as active as the main pool, relatively speaking, and next year we'd had better have more chairs!

We wish all our snow birds and Canadians would stay a little longer.

We love you and would love to spend another month of this lovely season with you!

Until next time, keep well, stay safe and be good to each other, please!

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The February production of "The Lion In Winter" was an outstanding success, proving that Wynmoorites do, indeed, enjoy Drama. As a result, there will be another upcoming drama presented in 2018. Watch for the announcements of the date and show title.

The Broadway Musical, "I Love You, You're Perfect, Now Change" the 2<sup>nd</sup> longest running Off-Broadway Show, will be produced in just a few more days. The dates are March 8th, 9th, and 10th. The play will take place

in the West Wing. The production is by the "Curtain Call Playhouse," a professional travelling troupe. The dinner will be catered by Olde Florida Catering and starts with a glass of wine, followed by a salad, a choice of salmon in dill sauce or chicken marsala, rice pilaf, baby carrots, and an éclair for dessert in addition to beverages.

lheatre

The Musical is a hilarious look at relationships, from dating through marriage. The cast is superb. The show will be produced in numerous theatres throughout Broward and Palm Beach Counties by the Curtain Call group. But Wynmoor will offer the premiere performance.

A wonderful show, a fantastic meal, and all this for only \$32 per person, including tax and gratuity! Doors open for the Musical at 5:15 PM, dinner will be served at 5:30 PM, and the curtain will rise at 7:30 PM. The Friday night performance is sold out, but seats for the other two evenings are still available. So, get your tickets before it's too late! Guests are welcome! Tickets are sold every Monday and Wednesday in the library of the Country Club from 2:00-4:00 PM.

Those people who submitted their e-mail addresses received advanced purchase order forms in September. If you haven't yet, give us your address by e-mailing Lynne at LLIST@juno.com and watch for the announcement in September. Be sure to write "Supper Club" in the subject line.

As with the Drama, the Musical for 2018, and the dates, will be announced soon. Watch for the announcement. See you all at the show. If you may have any questions, please contact Lynne at 954-973-1223.





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## **Clubs and Activities**

#### Actors Workshop By Judy Bobker

We are now researching for a performance to take place in April, 2017. We still have good parts for men, so come and enjoy a good experience on stage! You will be under the guiding hand of our remarkable director, Marvin Keith. Everyone is welcome to join us. We meet in the Lecture Hall at the Country Club on Fridays, from 1-3PM. We look forward to seeing you there! For more information, please contact Judy Bobker at (954) 973-4958.

#### All Andros Isle Social Club By Enid Wolf-Schein

Save the date! Plans for our Annual "All Andros Meet & Greet" are set. The event will take place on Sunday March 26th, from 11:00 AM to 1:30 PM in the West Wing.

The format this year will be very informal. Residents will bring whatever they want for their own dining and drinking pleasure. We will provide table settings, ice, coffee, tea, and cake. Also, entertainment and ongoing music for listening and dancing. This way we are keeping the cost down to "zero." No reservations are necessary.

We are hoping for a large turnout from our friendly neighbors. It will be a great opportunity to meet and greet new and old friends.

#### All Year-Round Club By Selma and Estelle

March 12th 10:00am- Enjoy Sunday morning breakfast. Paid up membership. Dues to be paid end February. March 23rd- Mastery Trip-Always lots of fun! May 14th- Mother's Day Brunch. Ballroom A. Contact Selma at 954-968-7618 or Estelle at 954-590-3112.

#### Amateur Radio Club By Ralph Trapper

The W.A.R.C. meets every Friday morning at 9:00 AM. in the Multi-Purpose Room, near the Main Pool, and we meet all year round. At 10:00 AM, we move to the "Ham Shack," located in Room #118, on the West End of the Administration Building. Visiting Amateur Operators are welcome to operate from our station, just be sure to bring a copy of your "ticket" (license) along with you.

Work on the installation of the new vertical antenna has begun, and hopefully the ability to add the lower Amateur bands (75 and 40 meters) will increase our stations' communications ability.

For further information, please contact Ralph Trapper at 954-972-4329.

#### American Legion Post #170 By Ralph Trapper

The next meeting of American Legion Post #170 is scheduled for March 13, 2017 at 7:15 PM in the West Wing II, located at the Theater Complex.

We are planning to have a guest speaker for that evening's meeting so look for meeting details on the meeting notice post card.

For addition information, please contact Don Schwiesow, Commander at 954-984-6070, or Ralph Trapper, Vice Commander, at 954-972-4329.

#### Billiard and Pool Club By Bob Horowitz

Country Club building, next to the library. We have boasting 14 tournament grade regulation size pool tables, 4 heated-billiard tables and one regulation snooker table.

This club has been called the best Pool, Billiard, and Snooker venue, public or private, in all South Florida.

Players of all skill levels are welcome. The room is open 7 days a week from 8:00 AM to 12:00 PM. Use of the room and tables is free to all residents and their guests. If you have questions, call Regina Kaplan at 516-236-1417.

#### **Bocce Club** By Diana Esposito

Everybody's talking about it! The Bocce Club gets together every Thursday, weather permitting, to play Bocce. While we play, we get to know each other and have fun cheering the other players on. The game is easy to learn and the more often we play, the more skilled we become. We're good at giving advice and love to help others learn the skills involved in learning the game. We're always looking for new people to join us. So, come and join us on Thursday mornings at about 9:00 AM and later. We enjoy meeting new people and we know that you'll enjoy the game, which is easy to learn. Once you learn the game, we meet at other times, as well as Thursday. For more information, please call Joe at 954-978-6699. Hope to see you soon!

#### Bridge Club

By Ruth Barry

We hope to see all you bridge players at the 35th Anniversary of the Wynmoor Bridge Club, on Friday, March 3rd. You should have your tickets by now. In the meantime, the four ACBL sanctioned games continue on Monday and Wednesday evenings at 7:00 PM, Friday and Saturday afternoons at 1:00 PM, all in the East Wing. There are also two Easy Duplicate games. They are on Tuesdays at 12:30 PM in the East Wing, and on Fridays also at 12:30 PM, but in the West Wing. Before each of these games, there is a half hour complimentary lesson.

For those of you who wish to brush up your bridge game, there is Supervised Play each Saturday morning from 9:30 - 11:30 AM in the East Wing. No partner is needed. But if you need a partner for one of the games, call Gerri, at 954-978-2457, and she'll do her best to get you one. Come on out for an enjoyable, stimulating activity, and I'll see you at the tables.

#### Camera Club of Wynmoor By Hy Cohen

The Camera Club of Wynmoor will meet the second and fourth Tuesday of every month, December through May, from 3:30 - 5:30 PM in the Lecture Hall at the Country Club. Guests and new members are welcome. Our purpose: to promote enjoyment and excellence in photography. For further information, contact Hy Cohen at 954-974-4518 or Lee Levine at 954-933-7977.

#### Ceramic Club By Maralyn Deieso

There will be a ceramic club meeting on March 8, 2017 at 10:30 AM in Ballroom A at the clubhouse.

We will introduce our new Board members at this meeting followed by a brunch. Please see Mollie Abraham between 9:30 AM - 11:00 AM Monday-Thursday for the menu, cost, and signup sheet. You can make your meal

Wynmoor residents can join the Wynmoor Billiards and Pool Club to participate in additional fun events. Past events included; Karaoke night, comedy club night, group BBQ, Club Pool and Billiard tournaments, and other social events. Annual membership is only \$5.00.

Our Club Meetings are the 2nd Sunday of each month at 10am in the multipurpose room near the main pool. During our meetings, we discuss where events are planned, ideas to improve the club, and members get to socialize. Refreshments are served. Please sign up at least one day in advance so we know how much refreshments to order. The cost is \$1.00.

For information about the Pool and Billiard Club, to join our e-mail list, or to sign up for an event or meeting, please email WynmoorPoolClub@gmail. com, come into the room and look for event sign-up sheets. or ask for either Ralph Rubin or Bill Brunie (Co-Presidents) or Vice President, Bob Horowitz.

Women Pool Group: Tuesdays 2:00 - 4:00 PM, Beginners welcome! During this time, the first half hour is used for practice, followed by 90 minutes of playing pool with different partners in different games (straight pool, 9 ball, etc.). This is not a league or tournament.

Wynmoor Pool & Billiard Room: all residents and their guests are welcome to play at the Wynmoor Billiards and Pool Room located in the Wynmoor

selection then.

We would like to see all our members join us for our last important meeting for this season. Also, in March, we will participate in the arts and crafts festival.

Come to the clubhouse to see the beautiful work done by our ceramic club members. All residents are welcome to stop by and get a tour of our studio by one of our librarians on duty. Tours are available Monday-Thursday from 9:30 AM - 12:00 PM.

If you are interested in taking classes, you can sign in at the front desk. You will receive a call to tell you when the next classes with start in the Fall. We are open all summer.

Our next meeting will be October 11, 2017, at 9:00 AM in Ballroom A at the clubhouse. Mark your calendar.

To everyone that will be on their way back home soon, we wish you a safe trip and a summer filled with "smiling faces." Hope to see you back with us soon.

#### Computer Club Meeting By Beverly Friend Wednesday March, 15th at 9:00 AM in West Wing I. EBAY-HOW TO



## **Clubs and Activities**

**BUY AND HOW TO SELL!** Join Club President Jerry Murphy to learn everything you ever wanted to know about EBAY. Learn how to buy and sell from the comfort of your own home: real estate, cars, furniture, electronics, clothing, music, videos, art, cookware and more. One person's junk can be another person's treasure. March 5th is the deadline for the March Brunch Reservation (\$3 members, \$12 non-members). For Further Information, contact Jerry Murphy at 954-968-2029 or email <u>JerryJMurphy@aol.com</u>. Be sure to visit our new website: wyncomputerclub.com. Next meeting will be Wed. April 19th.

#### **Conservative Club Of Wynmoor** By Andrea Joy Frankel-Bellitto

We would like to take this opportunity to thank all members and everyone who participated in helping to elect Donald J. Trump to become our 45th President of the United States of America! Each of us worked in many facets of the campaign and our efforts paid off.

We are excited that many new residents have happily discovered our club and we have had many new members.

We highlight speakers every month who represent conservative ideals and concerns. We also give bipartisan platforms to our city as well as local and county candidates. We try to be fair and balanced on all issues and give everyone a voice. Our doors are open to everyone and all are welcome! Our March 21st meeting will host members, Barry Jackson and Ron Bass. The Conservative Club of Wynmoor meets on the 3rd Tuesday of each month. Meetings are in the Grand Ballroom and start at 7:30 PM. We hold a 50/50 raffle and refreshments are served. Membership is \$10 for the calendar year.

For more information, contact Andrea Joy Frankel-Bellitto at 954-956-3158 or email her at iamajoy1969@aol.com. Remember to vote in our upcoming Coconut Creek election on March 14, 2017. The list of Candidates is: Sandra (Sandy) L. Welch, running for re-election, Robert J. Miller and Louise Duaybes.

#### Fun With Friends By Louis Kravitz

Our March 26th dance will feature live music from "Street Talk." They have performed for us in the past, with rave reviews. We provide coffee and tea and you can bring whatever you would like to drink and nosh on.

There will be a free dance lesson at 7:45 PM and the music starts at 8:30 PM. Members will need to pay \$10 to make reservations. The deadline is March 22nd by 12 noon. Otherwise they, and any guests will pay \$15 at the door. By making your reservations early, you can request the people with whom you like to sit with. For further information about dances and membership, contact Sheila Glater at 954-247-9323 or email <u>sglater@comcast.net</u>.

#### **Golf Association** By Philip Edwards

Swing Easy: Go Far. The Golf Association thanks everyone who participated in the Relay for Life, those who volunteered to help make the event another success, and to those who contributed items for auction or money to cover expenses. Thank you everyone. This has been a successful event since its inception and we look forward to contributing to its future success. The "Battle of the Sexes" accommodated over 80 players. Special congratulations to the men who won the event as they say, "quite handily." We can't print what the women said. The "Guys and Dolls Tournament" will be Saturday, March 11th, and the women and men's weekly tournament is Tuesday and Thursday respectively. All residents are invited to attend the finals of "Super Sunday's Wynmoor Championship Tournament," on Sunday March 5th. If you are unfamiliar with the course, there will an abundance of attenders that will show you the course and help you follow the action. Good golfing. A major principle in golfing is always hit your "second ball" first. Blake should start thinking about being a "stand-up." Nicole Roy was another committee member who made sure we were all having a great time and showing up for filming. The models, as always, looked beautiful.

Mona Margolin is our new Vice President of Tournaments, along with Christine Baker. Mary Cohen is taking this year off to recover. We must also note that our WLGA membership has increased considerably as word gets out that we are so "very special." Be sure to check the Bulletin Board inside the Golf Shop and the Bulletin Board outside the Golf Shop for our Upcoming Events and important dates. Please mark your calendar accordingly.

**CELEBRATING BIRTHDAYS** – Janet Liscio-March 4, 2017; Virginia Carme-March 5, 2017; Nanci Blake-March 12, 2017; Marilyn Smith-March 15, 2017, and Ray Plavin-March 31, 2017. CONGRATULATIONS AND HAVE A WONDERFUL YEAR! For more information, please contact Violet Howard at 954-917-0971.

#### Hadassah By Toby Gordon

Please join us the first Wednesday of each month in the West Wing for our monthly general meeting. The doors open at 11:00AM. Visit with friends, shop our boutique and partake in light refreshments before the start of the meeting promptly at 12:30 PM. These meetings are open to anyone who wishes to join us. This past month, the speaker at our general meeting was Steven Vajda, who reviewed his book, Golden Bracelets, and Common Threads. It is the story of the impact of the Spanish and Portuguese Inquisition which extended for 350 years. He gave an overview of Jewry in the Iberian Peninsula and its links to Brazil and the first Jews to live in the New World. Again, thank you so much for your interesting presentation.

**SAVE THE FOLLOWING DATES:** February 22, 2017 is our first Card Party of the new year. Please call Natalie Gorelick 954-984-1673, for details. Don't forget, your box lunch is \$15.00. Our membership luncheon and fashion show is March 21, 2017. It will be held at Lighthouse Point Yacht and Racquet Club from 11:30 AM to 3:00 PM, at a cost of \$40.00 per person. Our flyer is on the carousel near the business office. Contact Beverly Alexander 954-969-1701 for further information. Also, look for the flyer for our "Baseball at Wynmoor Night" on the same carousel. It will be held in Ballroom "A" on March 5, 2017, from 7:00 PM to 10:00 PM. This evening is designed for all-bring your husbands, boyfriends and any other friends interested in baseball. We are planning to have typical baseball park snacks! For further information, please contact May Abrams at 954-917-3325.

**REMINDER:** Please support Hadassah by purchasing certificates from Bernice Riback. She can be reached by calling 954-984-1703. Trees for any occasion may be purchased through Beverly Alexander who can be reached at 954-969-1701. Beautiful cards for any occasion may be obtained through Dotty Pekus, who is reachable at 954-973-9050. Your support is greatly appreciated!

#### Health & Wellness Club By Hope Myers

We are delighted that Dr. Deborah Mash has agreed to talk in March after having to cancel her appearance in January. This exceptional presentation titled "**OUR AGING BRAIN**" is planned for our club meeting on **Tuesday**, **March 21, at 2:30 PM in West Wing 2.** Dr. Deborah Mash, Ph.D. is nationally recognized as a leading researcher in neuroscience and brain disorders. Her research focuses on the major diseases of the era: aging brain, degenerative diseases and drug and alcohol dependence. She is also the Founder and Director of the University of Miami Brain Endowment Bank. Our club is privileged to have this world renowned doctor address this important issue, which we assume is of interest to us all.

#### Wynmoor Ladies Golf Association By Violet Howard

Let's Raise Our Golf Hats to the 60+ Lady Golfers who play in our Tuesday tournaments with happy smiles and enjoyment! Our 2017 members are having a ball out there. Connie, Christine and Mona's efforts are definitely succeeding in making our foursomes work easily with no waiting on the Tees. This month, the competition, "Champions of Year 2016" is in "full swing" and we are having fun. Are you ready to accept your trophy?

I must repeat again and again how successful our Installation Lunch and fashion show was at the Carolina Club. The photos tell the tale, thanks to the patience of Sheldon Platt and Kathy Seaton. Kathy was our host and was terrific! Thanks Laura Kirschner for filling in for Connie Rinaldi. Nanci Membership \$10/year – Non-members \$3/each meeting

Feed your mind and your stomach! Become a member and support our club. Further info: Hope Myers 954-971-9538.

#### Ladies' Circle By Eleanore Butler

As we go to the press, the program hasn't been finalized for our March 23rd regular meeting. We will have our usual bagel lunch starting at 12:00 PM and we always have yummies for dessert. There has been a change in the lunch being served at the card and game party being held on March 9th in Ballrooms B and C at the Clubhouse from 11:00 AM to 3:00 PM. There will now be a lunch buffet catered by Diane's Kitchen. The cost is \$14. Make your checks payable to the "Ladies' Circle" and mail them to: Harriet Shlam, 293 Victoria Circle, E2. Call her at 954-970-8546 for your reservation. Non-members are always welcome. There will be tables set up for all your *Clubs continued on page 50* 

## **Clubs and Activities**

#### Clubs continued from page 49

games (mah-jongg, canasta, dominos, etc.) including room to just schmooze with your friends. If you are interested, there are a few spaces available for the St. Augustine trip on May 2nd,3rd, and 4th. For further information, call Harriet at 954-970-8546.

#### Live Love Laugh Moor By Charles Lindquist

Our "Friday nights at the movies series" continues on March 10th and March 24th. The movies are shown at 7:00 PM in the Country Club Lecture Hall. Coffee and tea will be available after the movie. The movies are open to everyone.

We have announced our Spring overnight bus trip. On April 6th & 7th, we are going to Orlando for a dinner show and then on to Cape Canaveral. This trip is open to club members only.

Our annual "Goodbye to Snowbirds" picnic will be held on March 22. This event is for members only and requires reservations with a deposit.

We will resume accepting memberships in April. To be added to our email list send us a message at: LiveLoveLaughMOOR@hotmail.com or call Charles Lindquist at 954-969-9300.

#### Monday Night Dance and Social Club By Claire Gochman

This month's articles dedicated in memory of Alan Simon who recently passed away. Our heartfelt sympathy goes to Renee and family on their great loss.

The Monday night dance and social club is full swing, thanks to our D.J. Phil Forman. Our recent deli supper from Toojays was a complete success and everyone had a great time! Our thanks to the many volunteers who helped make the evening a success. Special thanks to Leo, who entertained everyone during supper while playing the accordion.

Happy Birthday to Joe Valvano. His daughter, Pamela, treated everyone to a special birthday cake.

Join us March 27th for our "Spring Fling Supper" beginning at 5:30PM. A Hawaiian supper will be served, complete with all the trimmings. Information and flyers will be presented at the dance club.

Monday night dance and social club meets weekly, 7:00-9:00 PM in Ballroom A at the Country Club. For more information, please call our club President, Loretta Cohen at 954-977-3020.

#### Needle Click By Barbara Bilello

Our meetings for this month will be on March 14th and 28th. We meet on the 2nd and 4th Tuesday of every month. We are located in the West Wing from 1pm- 4pm. We are looking forward to seeing you there. We welcome everyone: neighbors, family, new friends, old friends, and everyone in between. This is a good way to make new friends and have some fun. If you knit, crochet, sew, or bead, even if you like to watch what everyone is doing, come, and check us out. We serve coffee, tea, and cookies. You can enjoy your afternoon meeting new people and having a few laughs.

I just wanted to thank my friend, Charlotte, for all her help and support keeping the knitting click going. We'll still see her at the meetings-she just

#### Pickleball Club By Sandra Cohen

Are your competitive? Do you like sports and great exercise? Are social activities your favorite? The pickleball club at Wynmoor has it all: games, tournaments, luncheons, dances, weekly barbecues and much more.

Want to learn the game? Free pickleball lessons are given every Monday in March from 3:30-5PM on the pickleball courts, located within the Nassau community. We even supply racquets and balls for the lessons.

We're also offering classes for more advanced players. Please check our bulletin board at the Racquet Pavillion for dates and times. There's no charge for pickleball club members and \$3 for guests. Pickleball Club dues are only \$5, and members never pay for any of our events, except for a small amount to play in our tournaments or for meals at events.

Are you a karaoke fan? Our karaoke night events at the West Wing 1 have been very popular. So, we're planning another one for April.

Come meet our members at our weekly Wednesday, 5:30PM barbecue gettogethers at the Cove. Everyone is welcome. We bring our own dinner, plus desserts to share. The group is very friendly, and we'll be happy to see you.

#### Queens Club By Ruth Weinstein

The next regular meeting is planned for March 5th at 10AM in the West Wing II. Breakfast and entertainment must be seen to be enjoyed.

Tickets to see "The Kid From Brooklyn, The Story Of Danny Kaye," are available and must be reserved. For more information, call Ruth at 954-975-0515.

#### Recovery From Compulsive Eating Club By Morton Brody

This club meets every Monday at 7:00 PM in the room behind the "All-Purpose Room" by the main swimming pool. Call Mort 954-815-2058 for more information.

#### Shuffleboard Club

By Dolores Nosal

**SHUFFLEBOARD CLUB IS BACK IN ACTION!** Please join us for some fun competition.

Club play hours: Mon. 1:00 PM, Tue. 1:00 PM, Wed. 7:00 PM, Sat. 9:00 AM. Membership dues are only \$5 annually. Equipment supplied. What a deal!

#### US Club

#### By Bernice Riback

Mark the date, Tuesday, March 14th at 7:30PM in the Ballroom, where we will be "singing in the rain." Bring along your decorated umbrella. Of course, there will be live entertainment and yummy desserts. Members are \$2 at the door, and guests are \$5. Our US Club motto of "unique sociability" lives on. For member information, call Bernice Riback at 954-984-1703.

#### Video Club By Phil Guterman

Watch for our videos on channel 99 at 7PM every evening. If you are interested in learning how to get excellent results from your camcorder (music, narration, sound effects, etc.) we can help you. We meet in the video club room opposite West Wing the 2nd and 3rd Thursday of the month at 10:00 AM. For more information, contact Phil Guterman, President, at 954-984-8871 or 718-300-8181; 2204 Bahama Bend #B2.

needs to be refreshed.

Many of our ladies volunteer to help so I will be looking forward to working with them. If you know anyone that has yarn that they do not use, we will be happy to pick it up. Call Barbara at 754-222-6375.

#### Pennsylvania Club By Charlotte Helfer

Hi everyone. We hope you are all good. Our next meeting will be on March 5th in the West Wing at 10:00AM. If you missed the Installation dinner, you missed a great time. Mark your calendars for March 26th. That's the date of our annual BBQ. It will be held in the multi-purpose room at 6:00PM and will be hosted by the Tresley's. We hope to see you at the meeting. Bring your friends or anyone who has a connection to Pennsylvania! We have lots of conversation and good entertainment. Remember our light bagel breakfast is \$1.00. For more information, call Gloria at 954-956-9701.

**Pick A Club ~ Join A Club** *There is Something For Everyone!!* 

#### Wynmoor Hurricane Emergency Net By Ralph Trapper

It is now March, and we are preparing for the upcoming 2017 Hurricane Season. Starting on January 9th, 2017, from 9:30AM-11:30AM, all past W.H.E.N. operators are requested to return your "W.H.E.N. Wynmoor" issued equipment to the main Security Office, located in the old Comcast building on the North Road for testing.

Testing of the equipment will begin as soon as the majority of the gear has been returned. As of this date, (please remember that this article is written at the end of January), so there are still a majority of the issued equipment that has not been returned. The sooner we have your previously issued equipment, the sooner we can get testing started and set up for re-issue.

If you have any questions, please feel free to contact Eilliot O'Neil, Director of Security, WCC, at 954-968-2504, or Ralph Trapper, President of Wynmoor Amateur Radio Club at 954-972-4329.

### Larry And Claire's **Food Corner Mushroom and Barley Soup** with Short Ribs of Beef

This month, Larry and I will share with you, our recipe for Mushroom and Barley Soup with Short Ribs of Beef. This dish can be made with quartered chicken, and served with a crisp salad, crusty bread, and wine. Enjoy! **Ingredients:** 

- 1-1/2 lbs. short ribs, cut into pieces
- 1 cup barley, rinsed
- 1 cup baby lima beans, rinsed
- 1 8oz box of Portobello mushrooms, sliced
- 1 medium onion, diced
- 2 large carrots, diced
- 2 ribs celery, diced
- 1 medium parsnip, diced
- 1 clove garlic, optional
- Nice amount of fresh dill, tied into a bundle with white thread
- Salt and pepper to taste
- 1/2 teaspoon Worcestershire sauce
- 1/2 teaspoon dried Bay Leaf powder

#### Method:

Using your favorite pot for soup, add 4 cups of water, bring to a boil. Add the short ribs, boil for 5 minutes, then rinse under cold water. Refill the pot with 8 cups of water, place meat and all the ingredients together and cook for about 3 hours, until the meat fork is soft. Stir occasionally to prevent sticking. Will serve 4-6 people.



#### **March 2017**

No registration required. Classes are first come, first served. Classes with an \* require a fee

Wed 1	Meet the Computer Windows 7	2:00 – 4:00 PM			
Thurs 2	Facebook 1: The Starter Kit	2:00 – 4:00 PM			
Fri 3	Exploring Google	9:00 – 11:00 AM			
Tues 7	Going Wireless: How To Use WIFI	2:00 – 4:00 PM			
Tues 7	Computer Class in Creole language	6:00 – 8:00 PM			
Wed 8	Mobile Accessibility	2:00 – 4:00 PM			
Thurs 9	Facebook 2: I'm On Facebook, Now What?	2:00 – 4:00 PM			
Tues 14	Microsoft Word 2010/2013 Part 1 of 6*	2:00 – 4:00 PM			
Tues 14	Computer Class in Creole language	6:00 – 8:00 PM			
Wed 15	Exploring The Internet	2:00 – 4:00 PM			
Thurs 16	Buying & Selling On Ebay	2:00 – 4:00 PM			
Fri 17	Beginners Guide To The Cloud	9:00 – 11:00 AM			
Tues 21	Microsoft Word 2010/2013 Part 2 of 6*	2:00 – 4:00 PM			
Tues 21	Computer Class in Creole language	6:00 – 8:00 PM			
Wed 22	Safety First: Privacy & Safety Online	2:00 – 4:00 PM			
Fri 24	IPhone Essentials IOS 10 v1.0	9:00 – 11:00 AM			
Tues 28	Microsoft Word 2010/2013 Part 3 of 6*	2:00 – 4:00 PM			
Tues 28	Computer Class in Creole language	6:00 – 8:00 PM			
Wed 29	Meet the Computer Windows 7	2:00 – 4:00 PM			

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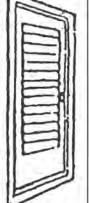
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By Arlene Eisenberger Color War: Our first FUN tournament of the year was successful! Starting out on court 3, Shelly and Barry Mark began the competition games by vying the red team against the blue team. Rounds 2, 3, 5, and 7 put the tennis players on the courts, serving 4 games each time. Rounds 4, 6, and 8 were off court playing creative games for all players.

After the 8 rounds, Bob Long and Mark Kreisler served up a great BBQ. The hard work of a great committee: Joan and Nelson Sommers, Shelly and Barry Mark, Bob Long, Mark and Rena Kreisler, Sandy Zoccollio, Al Bike, Sandy Goldberg, Edie Rubin, Norman Levine, Arlene Eisenberger, Aaron Dultz, and Barry Halpern (our photographer).

#### In first place-the Blue Team!

Congratulations to John Reilly, Gladys Longbardo, David Lines, Mary Matarazzo, Bill Bagwell, Mona Margolin, Bob Long, Mary Heymach, Lenny Tattenbaum, Cathy Penn, Howie Lebowitz, Barbara Schwartz, Paul Thompson, Robin Thompson, Elinor Weinstein, Gilles Goulet, Nicole Fauteux, Carolyn Frankel-Kreiger, Patti McDonough, Olga Bike, Al Bike, Gail Reilly, Sandy Goldberg, Sandy Zoccollio, Stuart Weinstein, and Al Alberts.





#### In second place- the Red Team!

Congratulations to Jeff Branch, Joan Sommers, Paul Seiler, Kay Lines, Bennie Matos, Shelly Propper, Dennis Levins, Joann Perrault, Yve Leroux, Pauline Lotkin, Sid Einbinder, Kristine Baker, Mitch Cohen, Selma Levine, Jack Plittman, Adele Lebowitz, Mark Kreisler, Jane Chiz, Yvette Leroux, Melanie Matos, Norman Levine, Patti Plittman, Mike Propper, Barbara Branch, Nelson Sommers, and Edie Rubin.

Look on the Wynmoor website at "wynmoor .com" and the bulletin boards for upcoming events on the courts.



## **Freedom From Bladder Problems**

Hi!!! My name is Evette Weiss, I use to wake up 2 or 3 times a night to go to the bathroom. After treatments from Dr. Herman, I now sleep 7 or 8 hours per night without waking up to go to the bathroom. I had been leaking urine when I laughed, coughed or sneezed, but I no longer suffer from this problem. My goal is to help other men and women who may suffer from this embarrassing situation.

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## When You Retire, Where Can You Find Investment Income?

s an investor, your main goals will change at different times in your life. During your working years, you need to grow as many resources as possible for retirement. Once you retire, however, you will likely need to focus more on getting income from your investments. But what are your options?

There's no shortage of income-producing investments, of course. You might immediately think of bonds, which can provide regular interest payments and probable preservation of principal, provided the bonds are considered "investment grade." Still, if interest rates are low when you retire – as they have been for several years now – bonds might not provide you with as much income as you need. And just as importantly, the income you receive from most bonds won't rise over time, leaving you susceptible to inflation and the loss of purchasing power. Consequently, you may also need to explore other types of income-generating vehicles, including dividend-paying stocks and real estate investment trusts (REITs).

Some stocks have not only paid but also increased their dividends for many consecutive years. These stocks have historically provided the potential for rising income to help combat inflation and are typically well-run companies that strive to reward their investors. Nonetheless, you need to recognize that even these stocks are not obligated to pay you dividends, and they are free to lower or discontinue them at any time without notice.

Now, let's turn to a second type of potential income-producing asset: Real estate investment trusts (REITs).

Different types of REITs are available. For example, equity REITs invest in

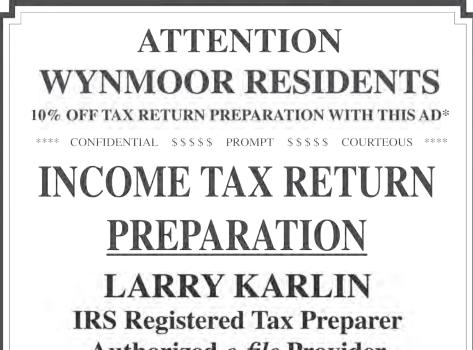
and own commercial properties, such as hotels and shopping centers, while mortgage REITs, as the name suggests, own and invest in property mortgages. Is one form of REIT better than another? There's no simple answer. On the one hand, mortgage REITs are considered riskier than equity REITs. However, mortgage REITs often pay quite large dividends, although the payout can be inconsistent. (Like all REITs, mortgage REITs must pay 90% of their taxable income to investors in the form of dividends. Due to this requirement, REITs generally need to raise capital to finance their growth plans, and this necessity can affect their share prices.)

Other factors, such as changing interest rates, will affect the value of mortgage and equity REITs differently. Specifically, rising interest rates will likely cause the market value of the property mortgages inside mortgage REITs to fall, whereas equity REITs, which own actual buildings, might actually benefit if the Federal Reserve raises interest rates, as such a move would indicate a strong economy, more jobs and greater demand for office space. In the short term, though, even equity REITs can react negatively to an interest-rate increase. But over the long term, this movement can be offset by the benefits of earnings and dividend growth driven by a growing economy.

Clearly, there's much to think about when considering potential income-producing options such as bonds, dividend-paying stocks and REITs. Ultimately, you will need to weigh the merits and risks of these investments – including interest rate risk, credit risk and market risk – and determine which of them, or which combination of them, are most appropriate for your needs.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. **See our ad on page 6.** 





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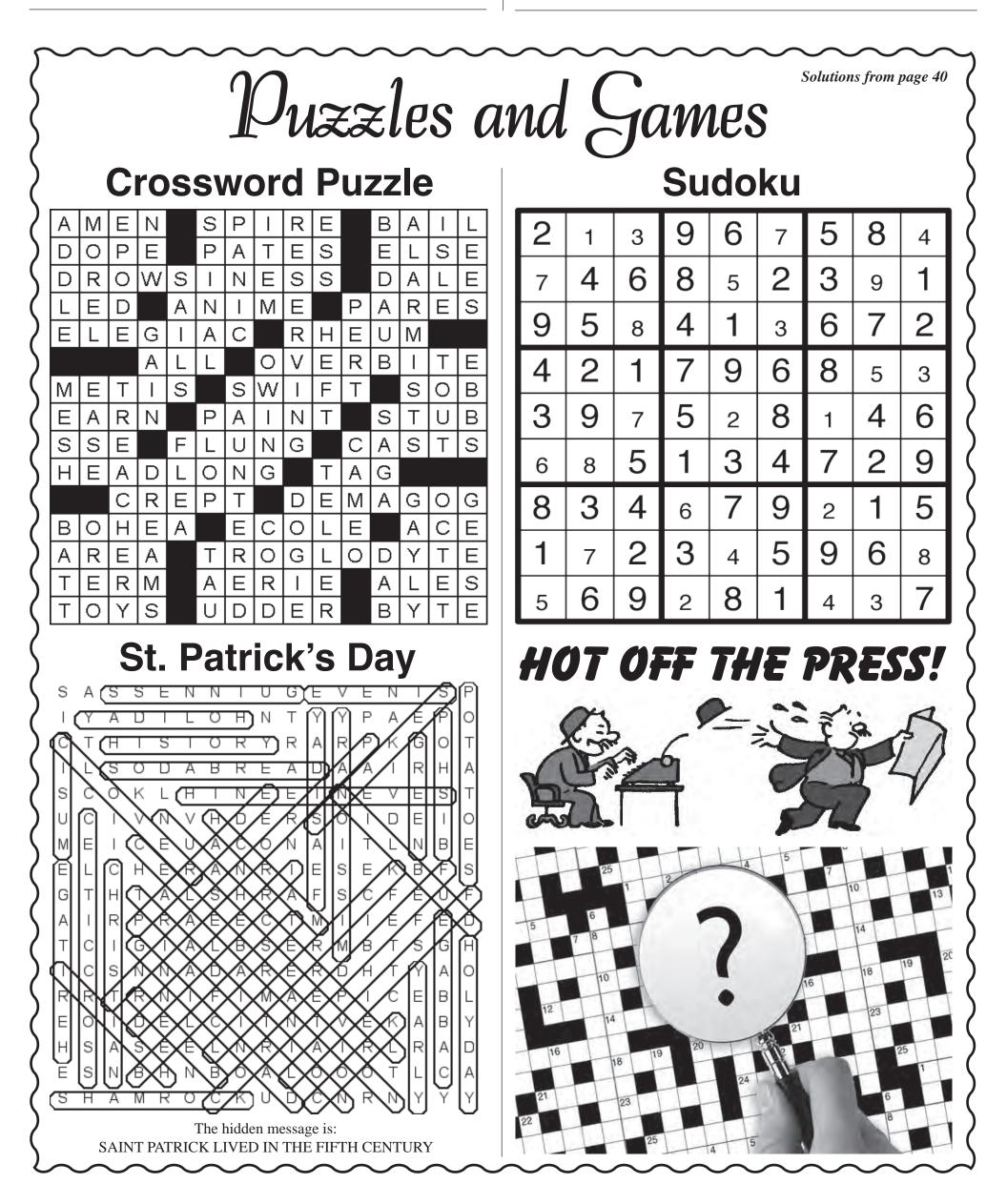
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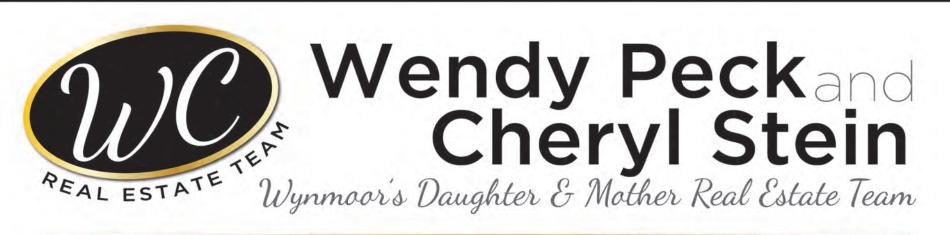
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Corner penthouse totally remodeled totally furnished turn key-open entry to new kitchen with granite counters, custom built in kitchen table w/storage underneath. Newer appliances, contemporary furniture, french doors leading to patio currently used as an office, sitting room. Glass enclosure all knockdown walls, laminate flooring, light, bright and modern, arched entry ways, built ins, see all photos then see for yourself. Vacant good income good credit required for condo approval. 55+ parking space #113



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1602 Abaco Unit #J4 \$139,000 2504 Antigua Ter Unit #J-1 2502 Antigua Ter Unit #K4 1703 Andros Isle Unit #H4 3006 Aruba Way #K3 1211 S Bahama Bnd Unit #F2 3402 Bimini Ln Unit #A3 1801 Eleuthera Pt #A2 1804 Eleuthera Pt Unit #G2 2305 Lucaya Ln Unit #E2 \$81,900

\$128,000 \$89,000 \$110,000 \$95,000 \$79,000 \$165,000 \$157,000 \$73,000

2603 Nassau Bnd Unit #C1	\$85,000
2612 Nassau Bnd Unit #G1	\$94,000
2705 Nassau Bnd Unit #A1	\$109,000
3202 Portofino Pt Unit #F-1	\$119,999
3202 Portofino Pt Unit #H3	\$77,000
3204 Portofino Pt Unit #D3	\$89,999
3003 Portofino Isle Unit #K3	\$159,000
2801 Victoria Way Unit #B1	\$139,000
2905 Victoria Pl Unit #C2	\$89,000

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